

# CROSSREACH NEWS

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In Partnership with CrossReach

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- Homeless People
- Learning Disabilities
- Mental Health
- Older People
- Substance Misuse

**CROSSREACH**

Care you can put your faith in

[www.crossreach.org.uk](http://www.crossreach.org.uk)

# Eurodiaconia

## Annual General Meeting

"Telling Truths – Changing Lives" will be the theme of this year's Annual General Meeting, which will take place in Edinburgh (13th – 15th March 2019).

CrossReach is a member, and in partnership with The Church and Society Council of The Church of Scotland, we look forward to welcoming our colleagues from across Europe to Scotland.

Look out for more information on our Social Media channels and website.

## Prayer Points

Give thanks for our partners and supporters who journey with us in providing support for the people of Scotland.

Give thanks for 150 years of social care support delivered by the Church of Scotland.

Morven Day Services committee members and the National Forum as they plan for events in 2019.

People who feel lonely and isolated and give thanks that the Guild has chosen 'Join the Dots' as one of their projects up to 2021.

Our staff and volunteers as they support and care for others.

If you would like to receive our free Prayer Diary, please call: 0131 657 2000, or download a PDF version from: [www.crossreach.org.uk](http://www.crossreach.org.uk)

## Recovery Walk

Recovery is a journey and is often represented by people walking routes across towns and cities to represent the ups, downs, twists and turns in each individual's story.

In April, The Rt Rev Susan Brown will be joining with volunteers, staff and people we support to walk around Edinburgh, take in some of the sites and to informally share life stories.

Look out for updates on our Social Media channels and website.



## Guild Project

Our Join up the Dots project is a collaborative partnership between CrossReach and the Guild to tackle the problems of loneliness and social isolation in Scotland.

We have thoroughly enjoyed and appreciated meeting Guilds the length and breadth of Scotland, as we share how their support can make a difference to people of all ages.



## Our Mission Statement

In Christ's name we seek to support people to achieve the highest quality of life which they are capable of achieving at any given time.

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 The Church of Scotland  
Social Care Council  
Operating as CrossReach Scottish Charity number: SC011353



[www.crossreach.org.uk](http://www.crossreach.org.uk)

# Chief Executive Chat



**Amazing, inspirational, welcoming, life transforming and a real demonstration of love in action.**

These words are echoing in my ears as I sit down to write this piece and as we come out of a remarkable couple of months for CrossReach. The words are a few of those used to describe the staff and volunteers working in each of our service areas as well as in our central and regional offices. They followed events such as The Bungalow winning specialist care home of the year at the National Care Home Awards, the fun filled 60th Anniversary of Oversteps Care Home in Dornoch, the opening celebration of our Erskine Waterfront Education Campus and the central offices achieving Customer Service Excellence.

The staff group are indeed remarkable and whilst tributes like these are often paid at 'special' times, it is with grateful thanks that I acknowledge that these attributes are demonstrated throughout the year. In every area of our work they play such a major role in our ambitions to deliver high quality care to all who are in need. The present staff group follow in the footsteps of thousands who have preceded them over the past 150 years. In 1869 the General Assembly founded the Committee of Life and Work to help find answers to areas of social concern and bring together committed individuals interested in alleviating the challenges experienced by others. That legacy of love in action is a strong one and is still as much in evidence in local church settings as it is in the formal social care provision offered by CrossReach. We are looking forward to marking that anniversary with you, in various ways, over the next 12 months.

Much of what has been done over the past year, as indeed the past 150, would not have been achieved without very real partners, from all walks of life, who choose to walk alongside us. Partners who roll their sleeves up and get involved in so many different ways. From building modular schools to building intergenerational relationships,



partners such as Portakabin and CALA Childcare have found innovative ways of getting involved and making a difference. 2019 will see us working alongside one of our longstanding partners, The Church of Scotland Guild, as we tackle loneliness and isolation through the Join up the Dots project. It will also be a year when we continue to invest in new partnerships, such as the one supporting young people into a career in care with The Princes Trust which you will read about in this edition of CrossReach news.

Bringing committed people together to find answers to issues of social concern and help alleviate the challenges experienced in our communities is as real for CrossReach today as it was for The Committee of Life and Work 150 years ago. If you would want to be part of that community and are not already, please don't hesitate to be in touch. We look forward to working with our staff, volunteers, friends and partners, old, new and yet to be discovered, throughout the year ahead.

Whatever your interest, thank you for being part of our story and for leaving your own legacy of love. Happy New Year. ■

## Viv Dickenson

Chief Executive Officer,  
Secretary of the Social  
Care Council

## Did you know?

It's always been the CrossReach way to encourage people to choose and shape their own care and support.

Our mission is to make sure that everyone who comes to us "achieves the highest quality of life which they are capable of achieving at any given time."

Within the wider social care sector, the idea of giving you choice about the care you receive is called Personalisation. The way it is being delivered across Scotland is via a system known as Self-directed Support.

Visit our Self Directed Support YouTube channel to learn more: [bit.ly/CrossReach\\_SDS](https://bit.ly/CrossReach_SDS)



Our Heart for Art service, supported by Life Changes Trust, created the 2018 Scottish Care Christmas Card artwork.



**Prince's Trust**



# Get into Health & Social Care: A pilot partnership with The Prince's Trust

"We are really delighted with the outcome of our recent collaboration between CrossReach and Prince's Trust. We are always looking for ways to open doors to help people into care and support roles, because at certain times in our lives we all need a helping hand. And it's not just the people who use our services who benefit. Our employees tell us that one of the best benefits of working with us is making a positive difference to some who need help." – Mari Rennie, Director (Human Resources and Organisational Development).

2018 saw us trialling this new initiative and it is one we plan to take forward into 2019. In partnership with The Prince's Trust, we offered a 5 week training course for young people who were interested in working within Health and Social Care, in and around Glasgow. People aged between 16 – 30 who were unemployed and interested in a career in the Health & Social Care sector applied to join the Prince's Trust's free employability programme.

The results were inspiring and humbling:

"Before these past 5 weeks I felt so down-hearted after a traumatic experience 3 years ago when I lost my daughter and all sense of who I was but since I have gotten a place on this course I have found a sense of purpose in myself as an individual and met new friends along the way...Since I did my placement in Threshold [Glasgow] I have completely changed my opinion, all through my time there the staff and customers were so supportive, offering advice whenever possible.

Thanks to all the support I have had from The Prince's Trust and CrossReach, this has equipped me with the knowledge that I need to close the chapter on what was. Now I can open new doors to fresh opportunities. Thank you all." – Steph

"I'd like to say a massive thank you to The Prince's Trust and CrossReach for giving me the opportunity to be on this course and for the opportunities that will continue to come my way. Before I started on this course I have gone through a really tough time the last couple of years with my mental health, but especially when my dad passed away two years ago and I have really struggled to get back on my feet. But when I saw the



**YOUTH  
CAN  
DO IT**

ad on Facebook for the Health and Social Care Course I thought to myself 'this is what I really want to do'.

I have always had a passion to help others, but I didn't believe in myself or think I would be successful. Now I can stand here today and proudly say 'I made it!' I can now say 'I feel so much happier and positive about my life'...I would like to thank all the staff and kids at The Mallard and The Garrett...I loved every minute of my placement." - Caitlin

"I had no idea of how great and life changing it would be, as before I was just a woman with two kids and not a lot of confidence. I just thought this will be an opportunity for me to get a job. I was only thinkin' of the money I would earn.

Then I started the course and very quickly realised it is so much more than that. It was like a family. I have learnt so much being part of this. I have learnt how to listen and be more confident in myself. It opened my mind and made me also realise how I used to stereotype people without even knowing it. I am happy and proud to be part of this programme: Not only has it opened so many doors for me, it has also made me a better version of myself." - Maureen

The feedback speaks for itself! We look forward to building on our partnership with The Prince's Trust and to unlocking the careers for some of Scotland's young people who, at this moment in time, are not yet aware that Health and Social Care is the career path they have been waiting to find. To find out about career opportunities with CrossReach visit:

[www.crossreach.org.uk/careers](http://www.crossreach.org.uk/careers)





# Conversation and fun at the annual National Forum



On Thursday 15th November we had our annual National Forum day held in the Gorgie Parish Church which is the local church for many within Threshold Edinburgh.

The National Forum is run entirely by customers within our Learning Disability services and meets on a monthly basis to look at issues which affect people with a learning disability and challenge services and the organisation to be better and improve involvement for all.

The committee organises the annual forum and invites guest speakers for the morning session and within the morning's activities, we have our Planning Tree. Everyone is encouraged to write on paper leaves areas they are happy with and areas for improvement.

This year we had input from the Scottish Social Services Council (SSSC) as well as Viv Dickenson (CEO) and Ronnie Black (HoS) with Bill Steele (Convener) saying grace before a lovely lunch.

In the afternoon we had a fancy dress silent disco, arts and crafts, nail painting, a sing-a-long, indoor curling and our fiercely contested Boccia competition. This year's winners were Threshold Glasgow.

Words don't really capture the excitement of the day, but we have a number of photos to show what a great day it was.

The Forum is always looking for new members to join the committee and are committed to being in control of the services they purchase from CrossReach. ■

# F<sub>3</sub> O<sub>2</sub> C<sub>2</sub> U<sub>1</sub> S<sub>1</sub> N<sub>1</sub>

In 2019 we will celebrate the 150th anniversary of social care delivered by Churches. The Church of Scotland's social care timeline can help your church to join us on this journey.

**1869** - The Committee on Christian Life and Work was appointed by the General Assembly 'to inquire as to the progress of Christian work in this country and to further consider and report as to the best means of promoting evangelistic efforts'. Initially, the work of the Committee was in information gathering.

**1904** - The General Assembly established the Committee on Social Work so that the Church had a full share in social and rescue work. From its inception, the Committee on Social Work assisted with personal and domestic problems beyond the resources of congregational life.

In opening hostels for young men and women, as well as rehabilitation centres and training homes, the committee provided shelter and relief to the unemployed and destitute. Support soon expanded into providing residential care for children (1914) and the elderly (1926).

**1936** - By the 1930s the work of the Committee on Christian Life and Work was merged with the Committee on Social Work, to become the Committee on Christian Life and Social Work.

**1945** - Becoming the Committee on Social Service, the Committee invested in services for 'the elderly,' and opened 8 eventide homes in 3 years (1947-1950). Between 1945 and 1957, 7 new children's homes were opened.

**1963** - The Committee was amalgamated with 2 Church committees to form the Social and Moral Welfare Board. However, the committees remained largely separate and The Committee was dissolved (1970). The Department of Social and Moral Welfare was formed as an independent Committee of the General Assembly.

**1976** - The Board of Social Responsibility was formed. Over the next decade, the services offered by the Committee continued to respond to the Government's changing approach to social care.

**2005** - Re-organisation of the central administration of the Church resulted in the Board of Social Responsibility being re-named the Social Care Council of the Church of Scotland, trading as CrossReach. ■



# The Rt Rev Susan Brown visits CrossReach services



“CrossReach: amazing work, amazing staff, amazing residents and client/users and amazing ideas being put into really fruitful action.”

- Rt Rev Susan Brown

**In November (2018) the Moderator of the General Assembly Rt Rev Susan Brown visited a selection of CrossReach services to learn about and experience the positive impact CrossReach is making. This year’s focus was on services in the Highland Region.**

Starting her trip in the town of Dornoch, where she serves as minister of Dornoch Cathedral, the Rt Rev Susan Brown paid a special visit to Oversteps Care Home as they marked their 60th anniversary and CrossReach and Social Care Sunday. Chaplain to the home, the Moderator led Sunday worship and a service of celebration; giving thanks for Oversteps and the support of their local community:

“Thank you to those who have given very practical help and support and that would be the friends of Oversteps over the years, who have continually upheld this place in their prayers, but have also given to this home to make it even more of a home, by coming in and out and sharing in all the family events.” Her featured Bible reading was Mark 12 v 38 – 44 (The Message).

This year, The Rt Rev Susan Brown celebrates her 60th Birthday and has asked that, instead of presents, donations be made towards the new sensory garden at Oversteps.\*

She travelled to Inverness to visit Beechwood House (residential rehabilitation and support for people affected by substance use) and Cale House (move-on accommodation) where the Moderator was “blown away” by the dedication of staff and the level of commitment of those supported by these services:

“I am in sheer admiration for the effort they are putting in to help themselves to get better”

Next on the list was CrossReach Counselling: Inverness which offers one-to-one counselling to adults, children and young people at venues across the city, including local schools. The Moderator heard about the positive work of the service as well as the challenges they face in funding and resourcing this valuable work.

“Let’s think about all those that make use of these services. ... let’s pray for them, pray for the counsellors. Let’s see if we can put our hands in our pockets and help them to offer those services more widely throughout the whole of Scotland.”

The final destination was Whinnieknowe residential care home in Nairn, where Rt Rev Susan Brown joined in on a visit from the children of Junior World. Wee Ones at Whinnieknowe (WOW) is an intergenerational project run in partnership with Care and Learning Alliance (CALA). Each week children and residents enjoy crafts, activities and fun together. ■



## JustGiving™

"I am in sheer admiration for the effort they are putting in to help themselves to get better"



"The buzz in the room was fantastic. The blethering between the little ones and the older folks, absolutely amazing."



We look forward to sharing more of our work with The Rt Rev Susan Brown throughout the remainder of her Moderatorial Year.

\*To support The Moderator's Birthday fundraiser: [www.justgiving.com/fundraising/Susan-Brown60](http://www.justgiving.com/fundraising/Susan-Brown60)

For videos of the visit: [bit.ly/Moderator\\_CrossReach18](http://bit.ly/Moderator_CrossReach18)

# Did you know?

Self-reliance is widely accepted as strength in society, and loneliness may carry a stigma for people to admit it. "If loneliness is transient, we accept it as part of life, but we have a deep dread of being lonely for the long haul."<sup>1</sup>

One approach to loneliness is to aim to prevent it. As a society, we can stop loneliness becoming chronic and tackle the needs of groups that are socially excluded and at risk of isolation.

CrossReach's partner project with The Guild aims to expose problems of loneliness and isolation and to provide solutions for them.

**Find out more:**  
[bit.ly/JUTD\\_Resources](http://bit.ly/JUTD_Resources)

1 – The Lonely society report, Mental Health Foundation

## Events 2019

Be part of something



**Kilt Walk**



**Skydives**



**Zip wire**

[www.crossreach.org.uk/events](http://www.crossreach.org.uk/events)  
 t: 0131 657 2000

CR0218



# Me and My Job

**Former Business Development Officer**  
**Hugh Brown worked for CrossReach for 27 years.**



## What was your first job with CrossReach?

I started as part-time Public Relations Officer with the Board of Social Responsibility (now CrossReach) which meant I could continue to present radio shows the rest of the week.

## You edited almost 100 issues of CrossReach News (formerly Circle of Care).

Yes. When I started, we were still 'copy and pasting' stories onto A3 sheets to decide the layout before the arrival of desktop publishing. When Adobe Pagemaker was introduced it made design so much easier and the files could be sent to the printer electronically.

## Which one do you remember most?

The most emotional and difficult to compile was the extra edition we printed in 2005 after the Director of Social Work Ian Manson died age 48, just a few months after he had overseen the launch of CrossReach in June that year in Dundee's Caird Hall.

## You enjoyed doing talks for Guilds and other groups didn't you?

Definitely! I must have spoken at hundreds of Guilds over the years and there was a real buzz for me to share the work of CrossReach. If I had a pound for every time someone said to me 'I didn't know the church did all that' then I'd be a rich man!

## What are some of the other highlights of your time with CrossReach?

I am proud of my involvement in organising an annual staff conference for 8 years which brought together 200 employees from our services for a day of fun and fellowship, including workshops and guest speakers. I am also proud of coming up with the idea of having a CrossReach baton in 2014 when Glasgow hosted the Commonwealth Games. It was made by Grassmarket Project from wood taken from old church pews. It travelled over 3,000 miles stopping at most of CrossReach's services, finishing at the Tron Church in Glasgow on the day the Games opened. The logistics of getting the baton from place to place were difficult, but we managed it!

## Tell us about the quilt made from your ties...

A group of ladies from Camperdown Church in Dundee formed a quilting group and I gave them 100 of my ties which they cut up and sewed together to make a colourful quilt with a beautiful gold edging. It was displayed in a couple of our care homes before eventually being given to me and it is one of my most treasured possessions!

## What will you miss most about CrossReach?

Definitely the Christian fellowship and prayer support of my colleagues. For example, if I was in hospital I knew that people were praying for me. I'll also miss morning worship at Charis House which was an uplifting start to the day. I am fortunate over the years to have worked with many wonderful people and I am grateful to all of them for their support and friendship. ■

**CROSSREACH**  
Care you can put your faith in

**Work with us**



We offer quality care and counselling to a wide range of people in need.

From substance misuse, counselling and learning disabilities care, through to homelessness and older people's services.

This is your chance to join us and make a real difference to the lives of others.

**The Church of Scotland**  
Social Care Council  
Operating as CrossReach, Scottish Charity No: SC011353

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# Facts:

## Isolation and loneliness

- 11% of adults in Scotland often feel lonely and 38% feel lonely sometimes
- 22% of people in Scotland feel they don't have a strong sense of belonging in their local community
- 8 out of 10 carers have felt lonely or socially isolated as a result of looking after a loved one
- 200,000 over 65 year olds have not had a proper conversation with friends or family for a month



# Morven Day Service's Exhibition 2018

Our Morven Day Services, recently held their annual art exhibition at the North West Area Centre, showcasing their creative projects. Based in Kilmarnock, the service supports adults with mental health issues across East Ayrshire; providing a safe environment to socialise, increase in confidence and learn new skills. Funded by East Ayrshire Council, extracurricular activities are made possible by an active committee; managed and run by people who use the service.

VIPs in attendance included Andy McLaren (Kris Boyd Charity), Willie Coffey MSP, Brian Whittle MSP, Sarah Lewis (Volunteer of the Year), Rev Alison Becker and Maureen McKay (local Councillor).

"I was delighted to attend this event again and to see first-hand the wonderful work that's being done."  
- Willie Coffey.

The event was organised by people who use the service and committee members generously shared from their experience:

Lewis – "I suffered from low mood as a result of isolation and physical health problems. A health professional suggested I attend but I took a while before I did. The centre helped me to deal with the isolation, I met people, engaging in conversations. After attending for a time, I was asked to join the committee, I did because I wanted to be able to contribute ideas for men. I was chuffed to be asked, felt good to be doing something that needed done."

Heather – "I was in a low place when I first attended, I had recently moved to the area and only knew one person, I had a lot of issues which added to my depression. I remember my first day, standing at a radiator asking myself, 'Why am I here?' I soon found out, as I joined in the activities, simple colouring-in, knitting, 5D art. I joined the Committee as this place had done a lot for me, I was happy to be involved."

Tracy – "My nurse told me about Morven. I had tried to kill myself on several occasions, I was in a very low place. Coming to the centre has helped me make friends



"Morven is excellent at giving us a voice"

and I am in a far better place now. I was approached to join the committee and said yes, I wanted to have a say in what happens, helping to pay back for the help I had been given. Morven is excellent at giving us a voice. The exhibition was good and well attended, a lot of talent displayed."

When asked what had been achieved through the exhibition, participants responded: "knowledge, publicity and showing that people with mental health issues remain capable, they just need a little support." ■



**CROSSREACH**  
Care you can put your faith in

**Become a Regional Speaker and be a voice for us**



Help us present the work of CrossReach to communities and groups across Scotland.

To find out what's involved, please visit our website and download the the Role Description:

[bit.ly/RegionalSpeaker](http://bit.ly/RegionalSpeaker)

The Church of Scotland  
Social Care Council  
Operating as CrossReach, Scottish Charity No: SC011353

[www.crossreach.org.uk](http://www.crossreach.org.uk)  
t: 0131 657 2000

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# The Bungalow wins Scottish Care Award



We are delighted that The Bungalow was chosen as the winner of the Specialist Service/ Unit Category in the Scottish Care, National Care Home Awards 2018. This is an amazing achievement for this small CrossReach specialised service.

Centrally located in Stonehaven, The Bungalow is a hidden gem. It is a well-respected specialist residential

Learning Disability service, supporting five adults that have Profound and Multiple Learning Disabilities.

Following a social model of care that is individually tailored to people's needs, the team is passionate about making a positive difference to the lives of the residents. When individuals have needs beyond the remit of their family carers, The Bungalow can provide support for the individual and their family.

As noted in The Bungalow's 2018 Care Inspectorate Report:

'One of the great things about living at The Bungalow was the opportunity to get involved in the local community...Taking part in events and enjoying local facilities was a source of happiness which made a significant contribution to people's wellbeing.'

The person-centred approach is offered by an enthusiastic and dedicated staff team that has a wide range of knowledge, experience and excellence in the field. The team understands that having a profound learning disability is a significant lifelong condition affecting varied aspects of each resident's life.

In 2013 The Bungalow also won the Specialist Adult Care Category in the Scottish Care Awards. The recognition is a testament to the service's leadership and teamwork. ■

**Find out more about The Bungalow on our website:** [www.crossreach.org.uk/our-locations/the-bungalow](http://www.crossreach.org.uk/our-locations/the-bungalow)

## Developing Participation and Engagement in Adult Care



Everyone who uses our services has skills, experiences, knowledge and abilities. In Adult Care we believe that these strengths should be at the heart of everyone's personal plan, as we work together to help a person build on their strengths to achieve the outcomes they wish.

We value the experiences that people have had before, during and after accessing our services. This 'lived

experience' uniquely qualifies a person to help us improve and develop our services. We want to deliver personalised services, where people have maximum choice and control over the support they receive.

Working together is sometimes called Co-Production – "...it involves people who use services being consulted, included and working together from the start to the end of any project that affects them" (Social Care Institute for Excellence).

Over the past 6 years we have helped people who have experienced homelessness, problems with mental health or substance use to use their lived experience to help others. Our annual training programme provides participants with the opportunity to learn about the social care field through a supported placement as a Peer Volunteer. We look forward to the Moderator of the Church of Scotland presenting to this year's graduates.

Recent years have seen the addition of a Participation Group, who meet to discuss their experiences of our services, making suggestions for change and

improvement. This group has learned skills in gathering and presenting the views of others at a range of events including senior management meetings.

We are delighted, therefore, to have funding in place for a dedicated Development Officer to support the continuation of this work, over the next 2 years. Carol Brackenridge has had significant involvement with the group, leading training, and is looking forward to her new role:

“With the idea of taking a Person Centred, Outcome Focussed Approach, I will look to facilitate the group rather than lead, to avoid this being service led. I will look to support them to identify the Outcomes they want to achieve.”

Key aims of the role will be:

- supporting the group to establish service user forums
- supporting engagement throughout CrossReach
- facilitating discussion at the group’s Policy and Procedures meetings
- supporting the group to feed into other organisational groups.
- liaising with external groups/ organisations

“At the end of the two years of this role it would be my expectation that the group will be established and integrated into decision making groups within the organisation and that this be the norm, providing a real and valued contribution to CrossReach’s development.”



## Caption Competition

Winner: Crispin

“What the dickens is she saying?”

I wish to support CrossReach by donating £..... on a  single  monthly  annual basis

**If single:** Please post us a cheque (payable to CrossReach) or donate online at [www.CrossReach.org.uk](http://www.CrossReach.org.uk)

**If monthly:** I would like to make my donation on the 1st/15th (delete as appropriate) of each month starting: ...../...../.....

**If annually:** I would like to make my donation on: ...../...../..... and each year thereafter

### Your account details

Name of bank: .....

Address of bank: .....

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..... Postcode: .....

Phone number: .....

Email address: .....

To the manager (Bank/Building Society): Please pay Bank of Scotland, 38 St Andrew Square, Edinburgh, EH2 2YR on the date indicated above and thereafter until further notice the sum indicated above for the credit of CrossReach Account No 00227186, Sort Code 80-41-21

**If you pay tax, please sign this form and the tax office will give us 25p for every £1 you donate.**

I confirm I have paid or will pay an amount of UK Income Tax and/or Capital Gains for each tax year (6 April to 5 April) that is at least equal to the amount of tax that all charities that I donate to will reclaim on my gifts for that tax year. I understand that other taxes such as VAT and Council Tax do not qualify. I understand that the charity will reclaim 25p of tax on every £1 that I give.

Please notify CrossReach if you want to cancel this declaration, change your name or home address or no longer pay sufficient tax.

**Signature:** ..... **Date:** ...../...../.....

**If you have any questions, call our Supporter Relations team on 0131 657 2000.**

**Please send this completed form to:**

Supporter Relations, CrossReach, Charis House, 47 Milton Road East, Edinburgh, EH15 2SR

*giftaid it*

*THANK YOU FOR YOUR SUPPORT!*

1/19

## CrossReach @ 150

# Be part of 150 years of social care in Scotland

One hundred and fifty years ago, in 1869, the General Assembly of the Church of Scotland decided: "that a Committee be appointed to inquire as to the progress of Christian work in the country".

150 years later and that 'Christian work' is found in 70 locations throughout Scotland, from Dornoch to Dunbar, Stornoway to Stonehaven, in social care services provided by CrossReach.

For people old and young, of all faiths and none, CrossReach continues to show Christian love in action when and where most needed, often at times when people are feeling at their most vulnerable. Every year, we support over 10,000 people across Scotland to live life to the full.

**We invite you to be part of CrossReach @ 150 by making a donation of at least £150 or setting up a regular donation of at least £15 a month.**

### Ways to join:

- send a cheque made payable to "CrossReach" to: CrossReach@150, Charis House, 47 Milton Road East, Edinburgh EH15 2SR
- set up a standing order payable to our bank account  
Sort Code: 80-41-21, Account No.: 00227186
- pay online on the CrossReach@150 Just Giving Page  
<https://tinyurl.com/ybwwg2ou>
- call 0131 454 4374 to join using credit or debit card

### Your benefits:

- a specially-designed anniversary welcome card,
- regular updates on CrossReach's unique solutions to today's complex social care problems,
- an invitation to a private evening preview of a special exhibition charting the inspiring journey of CrossReach and the people we work with.

### 150 Year Highlights:

- 1879: launched Life and Work magazine
- 1880: established Young Men's Guild
- 1887: established Women's Guild
- 1894: founded The Deaconess Training Hospital in Edinburgh
- 1916: opened first Church of Scotland Huts supporting soldiers at the front
- 1926: opened our first Eventide Home
- 1962: opened the Tom Allan Centre for counselling
- 2012: established Daisy Chain in Govanhill, Glasgow

