

CROSSREACH NEWS

IN THIS EDITION



- Looking ahead
- Making change happen
- Celebrating our staff

- The journey
- 150 Years pull-out poster
- Investing in young minds



Where innovation meets tradition

Celebrating 150 years of providing social care in Scotland

OUR SERVICE AREAS



- Children and Families
- Counselling and Support
- Criminal Justice
- Homelessness
- Learning Disabilities
- Mental Health
- Older People
- Substance Use

CROSSREACH

Care you can put your faith in

www.crossreach.org.uk



Flour power!

In May 2019, nine year old Abigail, CrossReach Support Worker Louise and Abigail's mum Liann (Manager of the service) set themselves the challenge of a 24 hour baking marathon for The Mallard in Glasgow. The Bake-a-Thon impressively raised £1,970!

Throughout the year, The Mallard (a short breaks service for children and young people with disabilities) will be raising money to provide vital equipment to support disabled children. The main aim is to purchase a new hydrotherapy spa pool within the respite service.

To support them in their goal, please visit: www.justgiving.com/fundraising/crossreach-mallard

Prayer Points

Grant the wisdom and guidance of the Holy Spirit to those who are discussing the future relationship between CrossReach and the Church of Scotland.

Give thanks for the recognition of the work being done with the Prince's Trust to offer young people the opportunity to work in CrossReach services.

Bless the staff and volunteers at the new Erskine Waterfront Campus as they prepare for the start of the new school term.

Pray that the CrossReach 150 exhibition will inform and engage those who come to see it, and will encourage them to support our future work.

Give thanks for those taking part in Kiltwalk, Zip Wire and other events to raise money in support of our services.

Prayers kindly provided by Rev Thom Riddell, Vice Convener

If you would like to receive our free Prayer Diary, please call: 0131 657 2000, or download a PDF version from: www.crossreach.org.uk

Our Mission Statement

In Christ's name we seek to support people to achieve the highest quality of life which they are capable of achieving at any given time.

CrossReach and Social Care Sunday

Save the date! CrossReach and Social Care Sunday 17th November, a chance to mark 150 years of loving social care by the Church of Scotland. Congregations are invited to hold a special service on this day; resources available on request from supporters@crossreach.org.uk.

A thanksgiving service will be held in Dunfermline Abbey, all welcome - in person or via the live stream.



South Beach House celebrates 60 Years

South Beach House, our residential care home in Ardrossan, is also celebrating an anniversary this year!

Margaret Cassidy (left), manager for over 44 years, led a special service and reception reflecting on the 60 years South Beach House has been home to many, many people.

Special guests included Rev. Tanya Webster, Convenor - Bill Steel and CEO - Viv Dickenson.

Tributes were made to staff (past and present) and thanks given for the ongoing support of the Friends Group and members of the local community.



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CrossReach, Charis House, 47 Milton Road East, Edinburgh, EH152SR.
Telephone: 0131 657 2000, Fax: 0131 657 5000,
Email: bdd@crossreach.org.uk

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*Neil Hanna for providing the SSSA image.



The Church of Scotland

Social Care Council

Operating as CrossReach Scottish Charity number: SC011353



www.crossreach.org.uk

Looking forward



The business of the General Assembly 2019, which included the launch of our fantastic 150th Anniversary Exhibition, is now well behind us. The summer has brought a welcome time of recuperation and reflection; a season in which to begin thinking about the future and what CrossReach as a 'more autonomous' organisation might look like.

Any change inevitably brings a sense of anticipation as well as anxiety. The opportunity to have a more streamlined decision making

process, and to spend less time in meetings and more concentrating on the care of those who use our services can only be welcomed. The potential however of losing our vital connection with The Church of Scotland and all of the supportive relationships at a local, regional and national level is something which

is more challenging, and which we will work hard to retain as we go into discussions over the next few months.

We don't yet know what that future looks like, but there can be something energising about embracing new possibilities. It is certainly a hallmark of our service provision and drives the types of innovation contained in this edition of CrossReach News. It has allowed us to think creatively about keeping active in later life and help our residents to participate in tennis tournaments or take a turn on a trishaw. It is there in a journey of recovery as illustrated so powerfully in Robert's story. It can be seen in a new type of collaboration such as our successful recruitment partnership with Prince's Trust.

As you read through this edition of CrossReach News, I invite you to share in these stories of possibilities realised and to continue to walk with us as we explore new possibilities for a future in which we can continue to innovate and support others to thrive. ■

If you missed a chance to visit the 150th Anniversary Exhibition, find out where you can catch it at:

www.crossreach.org.uk/150th-anniversary

Where innovation meets tradition



Looking at the path the Church of Scotland has travelled in social care, it's hard not to be impressed as the services provided have been adapted to meet society's challenges.

Decades of sheer hard work and the dedication of staff and volunteers alike are clear for all to see while today's staff team patiently continues that same rich tradition of service.

Our Christian ethos remains, reflected throughout the complex mixture of our services, impacting individuals and communities alike.

Exhibition images of smiles on the faces of staff and folk who use our services speak thousands of words. Whether seen in modern colour or older archive photographs, enjoyment is evident and mirrors the care that brings hope, relief and support to thousands every year.

Changing needs and changing methods of service delivery are reflected throughout our 150 years of progress.

In 1869, the Very Rev. Professor Archibald Charteris forged what became the Church's legacy of social care and I am immensely proud that the work he promoted continues today. As I write, I wonder too, what further changes will occur over the next 50 years as CrossReach continues to adapt to those changing, yet significant, needs of 21st century Scottish society. ■

Bill Steele
Convener



Celebrating our staff



Did you know?

The combined number of years represented by the 2019 long service awards is 460!

“Our employees and volunteers have a long legacy of providing social care and support in Scotland, often remarking on the privilege of the work they do, and how in helping others, their own lives are transformed.” Mari Rennie (below) – Director HR & OD

On the 30th May 2019, we celebrated the difference CrossReach continues to make to the lives of the people of Scotland through our staff.

One of our guest speakers, Iona Colvin, Chief Social Work Advisor to the Scottish Government, commented: “What a difference

you are making....150 years of care services - what an achievement that is.”, whilst Jeni Emery (bottom right, author ‘Leading for Organisational Change’) encouraged staff to embrace change and see opportunity rather than obstacles. Jeni later tweeted that it had been an honour “to have shared thoughts on change with CrossReach...Great to see an organisation celebrating its people and so rooted in its purpose and passion.”

In his speech, The Right Reverend Colin Sinclair thanked CrossReach staff and volunteers for making “all the difference to put the bubbles back into the lives of the people we serve and support.”

This year’s winner of the Ian Manson – Award for Excellence was the Heart for Art team (top, 3rd and 4th from left).

Our thanks and congratulations go out to each and every one of our speakers and winners. ■



Work with us



We offer quality care and counselling to a wide range of people in need. From substance misuse, counselling and learning disabilities care, through to homelessness and older people’s services.

This is your chance to join us and make a real difference to the lives of others. For more info:

www.crossreach.org.uk/careers

t: 0131 657 2000



Making change happen



In June of this year we were delighted to have our 'Get into Care with CrossReach' programme, in partnership with the Princes Trust, announced as winner of the Making Change Happen category of the Scottish Social Services Awards 2019.

The programme was developed by our small HR and People Development team, in consultation with staff, managers and the people who use our services.

The following comment, from one of the programme's graduates helps demonstrate why this recruitment partnership is shaping our long-term recruitment and retention strategy:

"I had no idea of how great and life changing it would be, as before I was just a woman with kids and not a lot of confidence. When I started this course I very quickly realised I was so much more than that. I am so happy and proud to have been part of this programme. It has opened up a better version of myself."

Alongside a placement within CrossReach services, young people thinking about a career in Social Care participate in a 2 week training programme and receive interview skills training and 1 to 1 coaching, with a

guaranteed interview at the end of the programme.

The ultimate goal is to enable participants to have a long and meaningful career in Social Care and at the end of the pilot programme, 6 young people were recruited to CrossReach. In line with our ethos and values, they continue to be supported in their on-going professional development, including vocational qualifications.

"I have always had a passion to help others, but I didn't believe in myself or think I would be successful. Now I can proudly say 'I made it'. I now feel happier and positive about my life. I would like to thank all the staff at CrossReach and Prince's Trust. I have loved every minute." – Comment from a programme participant.

Now an established programme, 'Get into Care with CrossReach' continues to provide a sustainable approach in addressing the ongoing vacancy crisis in Social Care and to widely benefit the sector.

While it has been a great honour to be selected as the winners of this Award, it remains that the life changing differences experienced by participants is the greatest reward. ■

Did you know?

We have 1700 employees providing care and support across Scotland



The journey

Innovation, re-creation and recovery



Nestled in the Cowgate area of Edinburgh lies Cunningham House, a descendant of the Edinburgh Sabbath Free Breakfast and People's Palace Mission founded in 1874.

Once described as "Scotland's most primitive overnight accommodation for homeless men", the People's Palace provided a primitive but necessary service through offering a Sunday morning breakfast and a floor to sleep on.

In 1923, the People's Palace was overseen by The Committee on Christian Life and Work, a group established by the General Assembly of the Church of Scotland. The Committee believed that there needed to be more continuity of care provided in the face of the changing needs in society. In addition to breakfast,



the Mission began providing lunches and evening meals in its café in the Cowgate Church. The cafe prospered and the Mission Buildings were used for a variety of activities over the years – in the evening, a night shelter for those affected by problematic substance use and through the day, a community centre for older people.

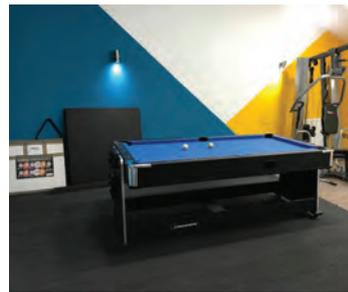
In 1968, The Committee welcomed the Social Work (Scotland) Act and its principles of providing advice, guidance and assistance within social care and to this day, CrossReach, the social care arm of the Church of Scotland, continues to work closely with these principles.

Fast forward to 1994 and the People's Palace night shelter is replaced with Cunningham House, a purpose built, 23 bed unit offering en-suite bathrooms and communal cooking facilities on each of its three floors, to men and women experiencing temporary homelessness. The unit is staffed 24 hours a day by a dedicated team.

Over the 25 years that Cunningham House has been open, it has fostered good relationships with local churches. This relationship has seen monies raised for the unit and items such as sound proof curtains being installed into the front rooms, where noise from nearby pubs and clubs can get in the way of a good night's sleep.

Did you know?

CrossReach provides support for homeless people in Inverness, Edinburgh and Glasgow

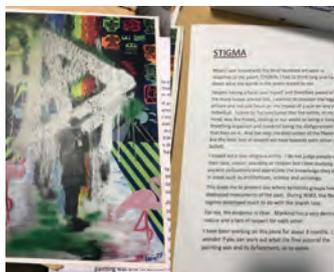


Most recently, Cunningham House received over £1,000 in donations raised from a concert held by The Edinburgh Kevock Choir in January at St. Giles Cathedral and these funds were added to £3000 previously donated by that congregation for the refurbishment. Coupled with some pro bono work by Michael Laird Architects, the unit has been able to refurbish the residents' day room and TV room. Residents and staff alike "love the rooms" and the refresh has seen a rise in a sense of community, with more time spent eating together and having discussions on all aspects of recovery; physical, mental and spiritual.



One resident who has his own way of staying focused and making the most of his time whilst at Cunningham House is Robert Hoggan (left). Robert recently represented CrossReach in the Edinburgh Marathon Festival, completing the 26.2 mile course in just under 4 hours.

A keen runner, Robert felt motivated to raise money for homeless projects in Scotland and used his daily run to Penicuik and back as a training ground. He found that the difference between the hilly terrain of this run and the fast, flat route of the Marathon "took a lot of my energy" and his muscles weren't used to it. Nevertheless, Robert is already talking about running this year's marathon route as training for 2020's race.



Robert not only uses running as part of his personal journey to stay focused and away from substances but also art and painting. A gifted artist, Robert has had a piece of art commissioned by Scottish singer Paolo Nutini and was keen to share a piece he felt particularly moved by. The work is a reflection on a poem entitled 'Stigma' and shows a figure wearing a label. Robert

writes "I wanted to consider the bigger picture and not just focus on the impact of a scar on any one individual."

Robert has an upcoming exhibition for the International Justice Mission during this year's Edinburgh Festival and has chosen the medium of pencil for these pieces as he feels that it is important "to show that it doesn't matter what colour you are."

Congratulations to Robert for his great achievements both with the marathon and the upcoming exhibition.

And congratulations to Cunningham House, demonstrating that 25 years on from its creation, it still plays a vital role in supporting people affected by homelessness. ■



Join in! All funds will support adults and children who are living in vulnerable circumstances in Scotland. For information on any of our events contact events@crossreach.org.uk or **0131 454 4391**



The Very Rev Professor Archibald Charteris

- Social care governance**
- 1869 The Committee on Christian Life and Work was appointed by the General Assembly.
 - 1879 Launched Life and Work magazine.
 - 1904 The General Assembly established the Committee on Social Work.
 - 1936 Committee on Christian Life and Social Work.
 - 1945 The Committee on Social Service.
 - 1963 The Department of Social and Moral Welfare.
 - 1976 The Board of Social Responsibility.
 - 2005 The Social Care Council of the Church of Scotland, trading as CrossReach.

THE COMMITTEE ON CHRISTIAN LIFE AND WORK
Appointed by the General Assembly



THE DEACONESS TRAINING HOSPITAL IN EDINBURGH FOUNDED



ROBERTSON
The r...
b...

GEILSLAND
First Approved School was opened.



THE SOCIAL WORK SCOTLAND ACT



WOLFSON
For young w...
epilep...



CROSSREACH EST
The Social Care Cou...
Church of Scotland...
CrossReach



PERTH PRISON VISITORS CENTRE

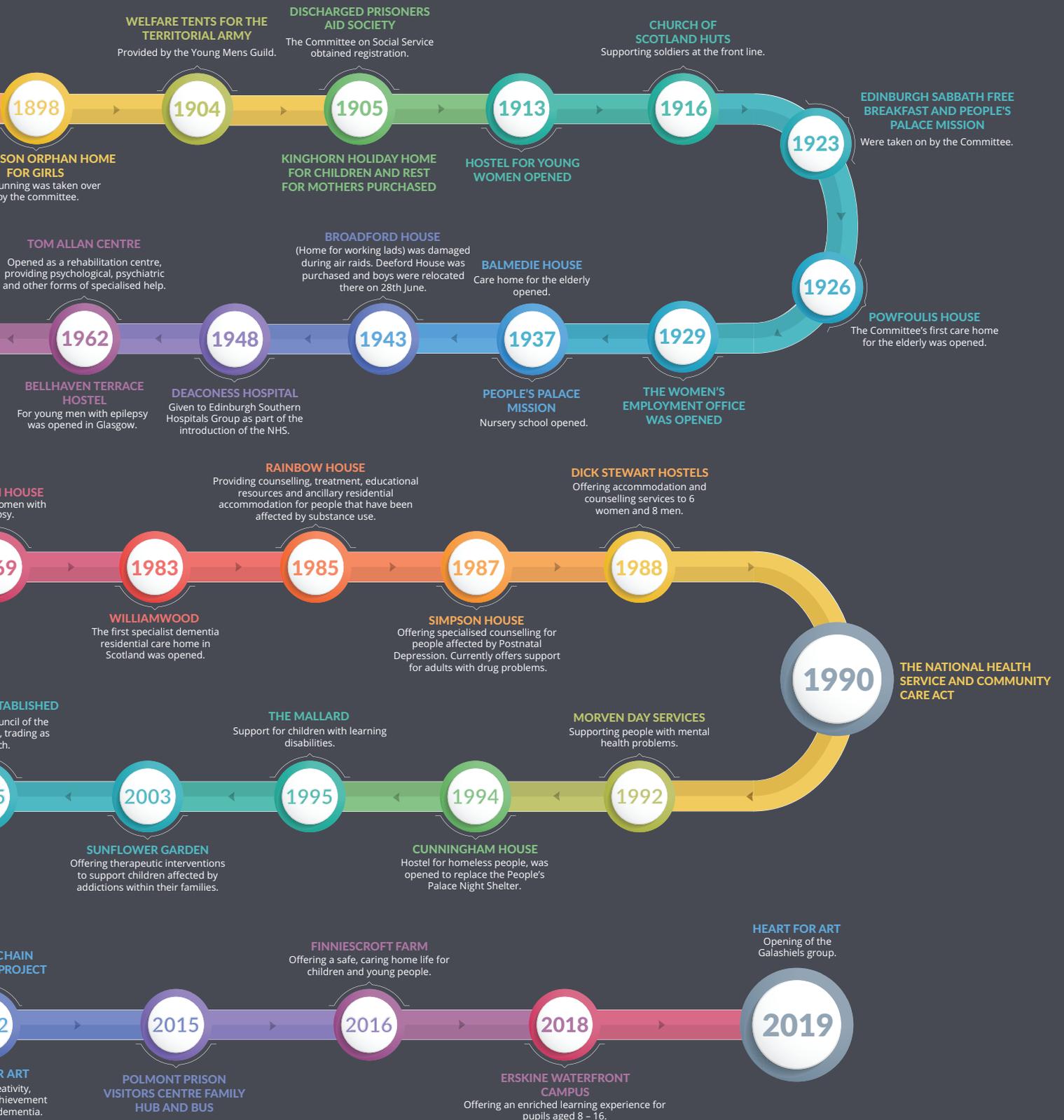


**THE DAISY O...
EARLY YEARS P...**



HEART FOR
Promoting cre...
self-worth and ac...
for people with c...

150 year highlights





150th Anniversary Exhibition

On Sunday 19th May, the Exhibition was launched by the Rt Rev Colin Sinclair. We were delighted when his grace, the Duke of Buccleuch and Queensberry and his distinguished party took time to visit it. Keep up-to-date with where you can visit the Exhibition and how you could showcase it:

www.crossreach.org.uk/150th-anniversary





Service Users' Survey 2018

91% Agreed the Service helps them to feel fulfilled



95% Agreed the Service helps them feel safe



93% Agreed the Service helps them feel valued and included



99% Agreed the Service respects them



99% Agreed the Service treats them fairly



CrossReach Angel Appeal



My name is Maisie Mortimer and I have enjoyed supporting CrossReach in lots of ways over the years. The work they do is inspiring and is often not known about. I've organised Beetle Drives, coffee mornings, talks and appeals. Last year, I was delighted with the Angel Appeal and I am looking forward to doing that one again this Christmas. Guardian

Angels aren't just for Christmas, but I like organising it towards 25th December as I think it's quite festive!

Maisie Mortimer

"We were thrilled with the response to our CrossReach Angel Appeal launched last autumn. Whether you participated last year or would like to take part for the first time, this is a wonderful way to show your support for CrossReach. Raise vital funds for our work and send our staff and service users a message of hope or a prayer which they will treasure." ■

Crispin Longden – Supporter Development Manager

For more information about our Angel Appeal visit:

bit.ly/CR_AngelAppeal

Investing in young minds



As Erskine Waterfront Campus' first academic year drew to a close, pupils celebrated their achievements with an end of term prize giving. Not only were academic achievements recognised from 78 SQA national qualifications

but also wider achievements such as John Muir awards and B-Active awards. All in all 24 trophies, 69 certificates, 30 medals and 49 wider achievements were all recognised from 20 pupils.

It is not only the pupils who are reflecting on their successes but the school itself, as it looks back at the many firm ties made with the local community since its opening in August 2018. These successes include the positive partnership made with Rolls Royce of Inchinnan where staff have not only raised funds for the school but have also freely offered their time and expertise. In June

the school hosted the annual Erskine Gala Day where an impressive 2000 people descended on the campus! It goes without saying that it has been a fantastic first year.

One of the year's highlights was the official opening of the school library where pupils and teaching staff were joined by acclaimed Scottish author Alex Gray. Alex asked pupils and staff if they knew what a "VIP" was. A few people answered before she gave her own definition: a Very Important... Place! The new library is just that; it is somewhere where the young people can spend time in a safe environment, learning and escaping in books. Each pupil was gifted a book of their choice which Alex signed. Fizzy juice and snacks were also on the menu and the whole school enjoyed a great afternoon together!

The library is run with the help of volunteer librarian, Shona McQuistan, along with three newly appointed junior librarians.

The school recently received their first delivery of books from Bookdonors CIC, ensuring that the library will be well stocked for current pupils and those in years to come. Bookdonors CIC is a not-for-profit social enterprise trading in used books 'for the benefit of people, charities and the environment.' Any duplicates will find a new home in our nearby community houses. ■

Christmas Card and Calendar Collection 2019



£5.00

CrossReach Wall Calendar 2020

With punched wall hanging hole.
295mm x 210mm
Opens to 295mm x 420mm
Complete with envelope
CRCAL20 Cat No.1

£4.60 for 50 or more Wall Calendars

Featuring
English & Gaelic
months and days



£4.50

CrossReach Appointments Wall Calendar

Featuring the same stunning pictures as the CrossReach Wall Calendar, in a popular slim line design with a line for each day, this will look great on any wall. Spiral bound with an integral hanging loop.
170mm x 340mm
Complete with envelope
CRWAC20 Cat No.2



Advent Calendar The Nativity

245mm x 350mm
Complete with envelope
CRADV12 Cat No.3

£4.00



Advent Calendar Woodland Snow Stickers

245mm x 350mm
Complete with envelope
CRADV13 Cat No 4

£5.00



Pack of 10
£3.75

Night Time Journey

Greeting: Christmas Blessings
Verse: He went there to register with Mary, who was pledged to be married to him and was expecting a child. Luke 2:5
171mm x 121mm, Gloss
CR171 Cat No.5



Sing Choir of Angels

Greeting: Happy Christmas
Bible verse: The angel was joined by a huge angelic choir singing God's praises: "Glory to God in the heavenly heights". Luke 2:13-14a
150mm x 150mm, Board
CR185 Cat No.19

Pack of 10
£3.75

Board Finish

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Make your cheque payable to "CrossReach Trading Ltd" and complete your address.
Post your order to CrossReach Christmas Collection, Charis House, 47 Milton Road East, Edinburgh, EH15 2SR.
If you want to pay by credit card then please phone our Order Hotline (see below).

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£12.01 to £50.00£4.50	My donation to CrossReach
£50.01 to £110.00 £7.50	TOTAL
Over £110.00 FREE	

† Overseas charge on application ‡ Excluding Care Shares

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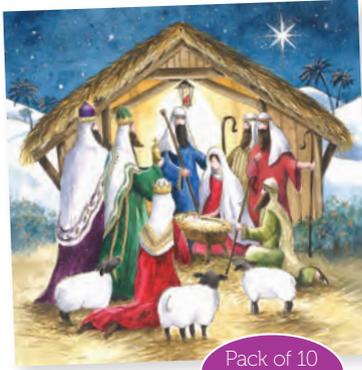
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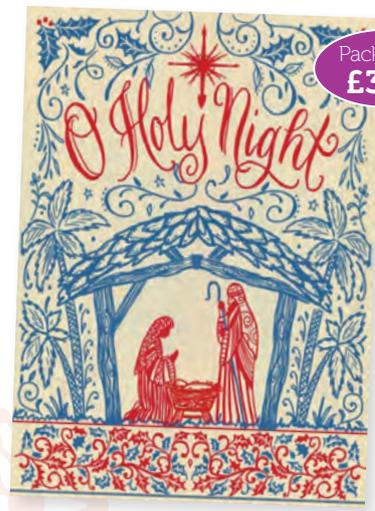
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Pack of 10
£3.75

At the Manger

Greeting: Happy Christmas
Bible verse: This is how God showed his love among us: He sent his one and only Son into the world that we might live through him. 1 John 4:9
150mm x 150mm, Gloss CR177 Cat No.11



Pack of 10
£3.75

The Saviour's Birth

Greeting: Happy Christmas
Bible verse: Come, let us bow down in worship, let us kneel before the Lord our Maker. Psalm 95.6
121mm x 171mm, Gloss CR183 Cat No.17



Wise Men Follow the Star

Greeting: With Christmas greetings and best wishes for the New Year
150mm x 150mm
Gloss and Gold Foil CR174 Cat No.8

Pack of 10
£3.75

Gold Foil



Christmas Story

Greeting: Christmas Greetings
Bible verse: While they were there, the time came for the baby to be born, and she gave birth to her firstborn, a son. Luke 2:6-7a
100mm x 210mm, Gloss CR182 Cat No.15

Pack of 10
£3.75



Silent Night

Greeting: With all good wishes for Christmas and the New Year
150mm x 150mm
Gloss and Silver Foil CR186 Cat No.21

Pack of 10
£3.75

Silver Foil



Pack of 10
£3.75

Gold Foil

Rustic Winter

Greeting: Christmas Greetings
150mm x 150mm
Gloss and Copper Foil CR189 Cat No.24

Pack of 10
£3.75

Copper Foil



Three Doves

Greeting: Happy Christmas and a peaceful New Year
150mm x 150mm
Gloss and Gold Foil CR180 Cat No.14





£6.00

Scottish Beach Scene Notelets

Set of twelve notelets, three each of four designs featuring beautiful Scottish Beach scenes. In presentation wallet complete with envelopes. Size 145mm x 100mm CRNTS02 Cat No.29



£6.00

Christmas Notelets

Set of twelve notelets, six each of two designs. In presentation wallet complete with envelopes. Size 120mm x 120mm CRNTS03 Cat No.30



Janet and Nancy's Story

Balmedie House care home has a trishaw - a combination of a tricycle and a rickshaw - which allows those with limited mobility to enjoy the outdoors.

Resident twins Janet and Nancy now regularly enjoy trips into the Aberdeenshire countryside and reminisce about their many bike rides together over the years. A wonderful moment occurred when Janet and Nancy burst into song with a 'Bicycle Built for Two'.

This innovative project is the result of a partnership between Belhelvie Parish Church, Cycling Without Age Scotland and Balmedie House care home.



Sold Singly
90p

Money Wallets

Blank inside for your own message. Featuring money holding cut out. 180mm x 92mm, Gloss. CRMW08 Cat No.34, CRMW09 Cat No.35



Pack of 10
£3.75

Board
Finish

Sending Love at Christmas

Greeting: Wishing you a Happy Christmas. 121mm x 171mm, Board. CR192 Cat No. 20

Leave a lasting legacy



150 years ago, pioneers in the Church of Scotland had a vision to transform lives by providing excellent, all-embracing social care in Scotland.

Do you share that vision today?

Could you become a CrossReach Pioneer by leaving a gift in your will?

Call this number for more information: 0131 454 4335
or email supporters@crossreach.org.uk

.....

I wish to support CrossReach by donating £..... on a Single Monthly Annual basis.

Start date for your regular gift: / / 2019

Name (incl. Title):

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Online: www.crossreach.org.uk By post: address below. Cheques payable to CrossReach
By standing order: CrossReach Direct Donations Account, Bank of Scotland, Sort Code: 80-41-21
Account Number: 00227186 (please quote your name as a reference)

giftaid it
THANK YOU FOR YOUR SUPPORT!

Gift aid it

Please treat the above donation all donations I have made in the past 4 years all future donations I make to CrossReach as Gift Aid donations (unless I inform you otherwise).

I am a UK taxpayer and understand that if I pay less Income Tax and / or Capital Gains Tax than the amount of Gift Aid claimed on all my donations in that tax year it is my responsibility to pay any difference.

Signature: Date:

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Email: supporters@crossreach.org.uk Phone: 0131 454 4374