

CROSSREACH NEWS

IN THIS EDITION



- 'Nothing as sure as change'
- Local mental health project reopened
- Redesigning services for 'The Promise'
- Heart for (outdoor) Art
- Preview the Christmas collection
- Bruce Davies concert for CrossReach



Lord High Commissioner's visit 'lifted everyone's spirits'



Recognition following Royal visit

OUR SERVICE AREAS



- Children and Families
- Counselling and Support
- Criminal Justice
- Homelessness
- Learning Disabilities
- Mental Health
- Older People
- Substance Use

CROSSREACH

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Lucie's wax melts

Sensory sensations are on their way! 11 year old Lucie is currently practising making home made wax melts to help raise money for CrossReach Residential Recovery Service (formerly Rainbow House). Lucie is planning to sell the wax melts in time to donate the money for Christmas.



When the Sun Meets the Sky

"When the Sun Meets the Sky", a dementia friendly radio play set around Edinburgh, incorporates reminiscences of people living with a dementia diagnosis. Resident of The Elms, Joyce Miller created the promotional artwork, nodding to her story that featured in the Sundown Stories collection 'A Real Tom Boy'. The play is a collaboration



Artwork: Joyce Miller, The Elms

between Capital Theaters (Edinburgh) and Traverse Theatre.

Hydro pool almost finished!

Work is nearly complete on the new spa pool for the children who attend our The Mallard and Go2 services in Glasgow. A combination of fantastic local fundraising efforts and The National Lottery Fund Scotland has made the upgrade possible and everyone is looking forward to seeing it in action!



Resident art exhibition

More than a hobby

John developed his art techniques as part of his rehabilitation with CrossReach Residential Recovery Service. Previously, NHS Public Health used his work to promote the use of Naloxone to prevent opioid overdose.

He is planning to help others find creative ways into recovery and is training to become a CrossReach volunteer.



Prayer Points

Bless those who volunteer in practical and professional ways. May they know the joy of service and in sharing their gifts and talents to honour Your Kingdom.

Guide those who make decisions in the use of resources. Give wisdom in the choices to minimise the impact on God's creation and recognise that together we can make a difference to the sustainability of Your provision for us all.

Give thanks for the staff who walk alongside those who choose CrossReach for their care and support. Give strength when they feel weak, give words when they feel unsure and eyes to see the potential when others cannot.

Guide those individuals who are considering a career in care and support; may they have the confidence to take the first step. Life-changing work is possible when individuals step out in faith when making career decisions.

Our Mission Statement

In Christ's name we seek to support people to achieve the highest quality of life which they are capable of achieving at any given time.

Published by CrossReach. If you would like to use any material or articles contained in this magazine, please contact the Business Development team at: CrossReach, Charis House, 47 Milton Road East, Edinburgh, EH15 2SR. T: 0131 657 2000 E: bdd@crossreach.org.uk



The Church of Scotland
Social Care Council

Operating as CrossReach, Scottish Charity No: SC011353



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“Nothing as sure as change”

A reflection from Vivienne Dickenson, CEO



I write in the lead up to Monday 19th July. The sun is shining and there is definitely a feeling of hope in the air as Scotland enters 'Level Zero'. It feels a long time in coming but it is fantastic to see the services return back to something like normality, connecting with the communities around them and enjoying some of the activities which are possible when not having to remain two metres apart. Our wonderful staff teams are once again adjusting to a new set of guidance, still wearing face-masks and having to test for COVID-19 a number of times a week, but doing all that they can to embrace the changes and do their best for the people we support, so that they can live life to the full in the way which they choose, whatever challenges they face.

However, the times of adversity have certainly not stifled creativity and you will find this issue of CrossReach news

packed with different stories of success along with some images of the artwork that has been created over the past year in our services. Artwork which tells a story of recovery, of reminiscence and of renewal. I've been touched by its simplicity as it conveys the most powerful of feelings and hope it helps connect you with the people that have created it.

The next few months will be about reflection and planning for the future. There is work to pick up from General Assembly and we will be collaborating with colleagues and local congregations to make some of the changes needed, playing our own small part in tackling the serious issues of the day; the prevention of drugs deaths, the growing mental health crisis and climate change.

There is also work to do around the changes heralded by the Independent Review of Adult Social Care, which reported to the Scottish Parliament in February. It signals some sweeping changes in the way that Social

Care is overseen, commissioned and delivered. We await further detail of the implementation plan but welcome many of the recommendations.

At heart they aim to ensure that supported people are given a louder voice in the design and delivery of the support they receive

and that those who support them are recognised for their value and rewarded appropriately. However there is yet much to understand including how the formation of a National Care Service will connect with the needs of local communities, and where some of the services not central to the review, including Children's services, Family work, Homelessness and Criminal Justice all 'fit in'.

This will affect every part of Scottish society and we are delighted that the Moderator has pledged his support in helping us to think through some of these issues.

As ever, there is nothing as sure as change, but we remain hugely grateful for your generous and steadfast support, your prayers and your messages of goodwill.

Thank you and enjoy! ■



Transitions

Leaving school is a daunting step for any young person. It can be particularly difficult for young people with learning disabilities. Young people and their families have told us that, while they were very well supported throughout their school career, this support had to stop as soon as they left, and they were left to navigate the world of adult social care services on their own.

CrossReach has been looking for opportunities to bridge this gap. Working alongside the social work department in the City of Edinburgh Council, we have been able to establish a successful 'Transitions' service. Our staff get to know the young people while in their final year, and continue to support them when they leave school. Whether they choose to stay with CrossReach or move on to another service, we know we have made the transition easier for each young person, and less stressful for their family.

At the moment, we are supporting 15 young people in Edinburgh, and we continue to look for opportunities to establish transition services in other places too. ■



CrossReach day service in Edinburgh provides support for adults with additional needs. As a parent, I feel that my son is well supported and encouraged to interact in the local community. The staff are caring and committed to meet his needs. A person-centred approach is used to enable him to be the best that he can be, helping him to live a full and meaningful life
(Rhona)

Threshold has been amazing for Michaela the staff are all very caring, knowledgeable and accommodating nothing is ever too much hassle for them. Michaela loves going and has a great relationship with the staff. Unfortunately she has missed a lot due to Covid and she has missed the staff who she sees as her friends. We are looking forward to her being back full time and enjoying an active meaningful week again
(Gail)

Determined kind-heartedness

When acclaimed Scottish singer and songwriter Bruce Davies generously approached us in early 2020 with an offer of a fundraising concert in November 2020, none of us had an inkling of what lay ahead. Surely lockdown would be over by the end of summer! We excitedly began preparing the event and were greatly humbled, not only by Bruce's kindness but also by that of the minister and session of Inverleith St Serfs Church in Edinburgh for giving us use of their beautiful church building for the venue.

Our disappointment at having to cancel the event was immense, but both Bruce and the church insisted it was only a postponement and that the concert would take place.

So...a year later than originally planned, we are pleased to announce concert plans are once again in place. Bruce shared,

"My family, like so many others, has been affected by mental health issues. We've benefited when

appropriate help has been available and suffered when it wasn't. I have seen the work of CrossReach first-hand and have been very, very impressed. The professionalism, dedication and ethos that is present in all their work is something I want to support. I want CrossReach to be able to do even more and am delighted to have the opportunity, with this concert, to help them help others." ■



Concert Details

Date: Saturday 20th November
Venue: Inverleith St Serf's Parish Church, 280 Ferry Road, Edinburgh, EH5 3NP
Time: 7.30pm
Tickets: crossreach.org.uk/bruce



Umbrella Project Now Open North Ayrshire

The Umbrella Project is helping people with mental health recovery, providing therapeutic activities and resources with the individual in mind. The project came about through the initiative and funding of Irvine Old Parish Church, and after a tricky beginning just before the first lockdown, the support groups are back open.

Project worker worker Stuart Dudgeon tells us about what it is like:

"It's about creating that safe space for people outside the chaos of the world at the moment. Somewhere where people can come, and relax, and leave their troubles at the door, and just have a couple of hours in the week where they can just feel like there's no expectations, and no pressure on them, and no labels on them either.

It's quite a beautiful thing actually when you've got a group of people who are all struggling because of their mental health issue supporting each other and going, "Oh yeah, that happened to me before. This is what I did to help myself." And to sit back and watch people just start to come out of their shell is just amazing.

We don't care about labels. We just care about the people, and we treat every single person as an individual, because we've all got a story to tell.

This past year and a half has really shown that anyone can struggle, and it's been grim at points for me as well,

and this is what we say to people, 'Don't be afraid to come along and just say, I'm not doing so good.'

If you stay in North Ayrshire, and would like some extra support, please do get in touch with Stuart.Dudgeon@crossreach.org.uk. ■



Drug-related deaths rising since 2013

Support for more people in their recovery

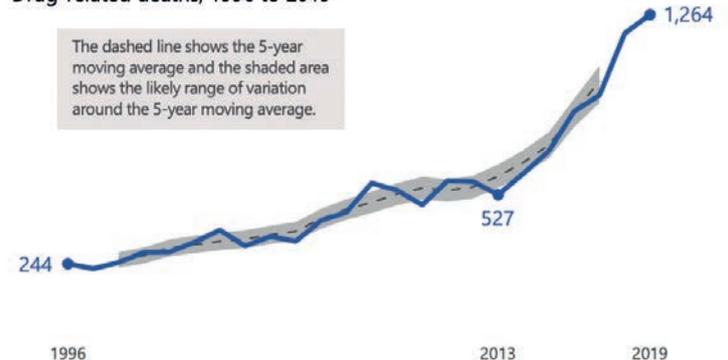
"If Scotland is to address the drug death tragedy, it will require all of our efforts. People with lived experience have a crucial role in offering hope and encouragement to those who have not yet found recovery."
Vic Walker – Head of Service

Drug-related deaths in Scotland have been rising sharply since 2013. The latest figures, published last December, showed that 1,264 people died during 2019 as a result of drug use. It was the sixth year in a row that Scotland had seen a record number of drug deaths.

We know how to help, but years of under-funding has meant that there was not enough capacity in services like CrossReach's residential rehabilitation centres in Glasgow and Inverness. Fortunately, the Scottish Government decided in January 2021, to reverse the decline in funding, promising to invest £250 million over the next five years.

CrossReach has already been able to make use of this new funding to increase the number of people we can support in both CrossReach Residential Recovery Service (Glasgow) and Beechwood House (Inverness). Next, we want to tackle the 'bottleneck' which is still delaying people getting access to rehab services by doing more to support people through the preparatory stage of their recovery from drug use. ■

Drug-related deaths, 1996 to 2019



Source: National Records of Scotland



Redesigning how we best support care experienced children & young people



February 2020 saw the launch of 'The Promise' – the findings from the Independent Care Review for children & young people care system in Scotland. As a significant provider of support for children & young people within the care system, CrossReach is fully committed to supporting The Promise implementation across the organisation.

Children & young people in our residential services, have told us how difficult transitions can be for them and we have identified this as a priority area for improvement.

We were delighted when we received funding through *The Promise Partnership* to take forward this important piece of work and we welcomed Ruth Forster to our team in June 2021 as The Promise – Transitions Lead.

Ruth will lead a design team, which will include care experienced young people, past and present, to explore what has worked well and what has not, looking to redesign how best we support children and young people through these crucial transitions.

The Promise highlights a number of obstacles young people in care face and challenges all of us in the 'system' to reflect on what we can do to improve the lives of young people we care for.

This is an exciting time in CrossReach Residential Care & Education services as we move fully into our new structure and aim to play our part ensuring that Scotland keeps its pledge in The Promise #keepthepromise. ■

Over the past few months, it has been great to welcome the people we support, as well as our staff teams, back into our Queen Street premises.

CrossReach Perinatal Lothian is in a particularly busy period at the moment relaunching a number of groups, and we are able to provide these both in person as well as online.

Our Art Therapy Group started mid-June and is running for 10 weeks. This group, supported by 2 experienced art therapists, is aimed at helping new mums express their feelings and anxieties in a safe and supportive environment with the help of art, talking and creating.

August will see us relaunch our Post Natal Depression Group. This group aims to help mums who suffer from post-natal depression express their feelings in a supportive and safe environment with other Mums experiencing difficulties.

Each week we hold our Stay & Play sessions which are aimed at helping those leaving a little one in crèche manage any difficult or anxious feelings associated with being away from their baby or infant while they receive counselling or attend a therapeutic group.

In September we will again run Infant Massage sessions both online and in-person. Infant Massage supports parents and carers in building and strengthening bonds with their babies.



And finally, our Juno Support Group, a 6 week programme for people who may be waiting for counselling, offering them peer support from others experiencing similar feelings.

If you would like more information on any of the above please contact PND@crossreach.org.uk
Paula Shiels
– Head of Service





Working with Children & Young People: A Counselling Skills Approach

In a recent poll conducted by YouGov, 4,000 children and young people aged 8-24 across Great Britain were asked how they had been feeling during lockdown. At least a third said they had experienced an increase of mental health and wellbeing issues including stress, loneliness and worry. To enable teachers, health practitioners and CYP (Children & Young People) support workers to support children and young people effectively, CrossReach Counselling has developed a 30 hour Counselling Skills based Communication Programme, Working With Children & Young People (WWCYP).

As a result of COVID-19, we adapted our training programme to be delivered on a safe and confidential online platform. All our training courses have a therapeutic edge to them, and can trigger strong emotional reactions in participants. Managing these emotions online requires skill and awareness. To ensure the best experience for all participants, all our trainers completed robust online therapy training as well as having significant CYP and training experience.

Recently, this 10 week programme was delivered to 15 participants from schools in East Renfrewshire. This course has developed the participants' self-awareness and enhanced their professional knowledge. They have had the opportunity to practice their counselling skills, allowing them to create a safe and empathetic environment in which pupils can express their emotions. The trainers were delighted that, in spite of the challenges of engaging in 10 weeks of training during the final term of a pandemic ravaged school year, the teachers were so committed to the course. 100% of participants agreed the training was relevant to their personal and professional development and all stated that they were glad they had been involved in the training.

Participant feedback described the skills and self-awareness they have developed:

'Effective questioning/prompting techniques that allow pupils to open up more about how they are feeling.'; 'The power of listening,

paraphrasing – how it allows the speaker to open up more, and reflect.'; 'To be aware of what is going on in my own head as a listener..... I hadn't been aware of how much was going on in my own head before, and how this impacts on the quality of [my] listening.'

Participants also underlined their building confidence:

'Allowing space – making use of silence to allow the person to talk is very important and is something that I have not always had the confidence to do'; 'More confident in helping the young people I work with'; 'Increased confidence to support pupils explore their own thoughts and feelings and attend to them in that moment without rushing to fix or rescue them.'

We are currently planning to run another WWCYP course for the beginning of the 2021-22 academic year. ■



CARE SHARE GIFTS

Are you looking for a gift with a difference for a friend or relative this Christmas? Something that shows you care? Then Care Share Gifts may be for you!

For each gift you purchase, we will send you a gift card to post or give to your chosen recipient.

	<p>A £10 Care Share Gift could buy some colouring pencils and pens for children to enjoy in our Prison Visitors Centres.</p>	<div style="background-color: purple; color: white; border-radius: 50%; padding: 10px; display: inline-block;"> Value £10 </div>
	<p>A £25 Care Share Gift could allow a child affected by their parent's substance misuse to take part in activities to build self-esteem and confidence.</p>	<div style="background-color: teal; color: white; border-radius: 50%; padding: 10px; display: inline-block;"> Value £25 </div>
	<p>A £50 Care Share Gift Could cover the cost of a 1-hour counselling session for someone at rock bottom who doesn't have the means to pay for the support they need.</p>	<div style="background-color: purple; color: white; border-radius: 50%; padding: 10px; display: inline-block;"> Value £50 </div>
	<p>A £125 Care Share Gift could cover a 1 day stay at one of our specialist care homes for someone living with dementia.</p>	<div style="background-color: teal; color: white; border-radius: 50%; padding: 10px; display: inline-block;"> Value £125 </div>

To order a gift card, please complete the form on the back or go to: crossreach.org.uk/careshare





Royal Visit

We were delighted and privileged to welcome HRH Prince William, in his capacity as the Lord High Commissioner to the General Assembly of the Church of Scotland 2021, to our Queen's Bay Lodge residential home on Sunday 23rd May. Whilst restrictions prevented a visit into the home, residents, members of their families and CrossReach staff welcomed him to a marquee based event in the home's grounds – and the sun even blessed us as it shone over the event.

After receiving Lucas of Edinburgh ice cream (with a flake!), His Grace mingled and chatted to residents from Queen's Bay Lodge care home and at one point, was cheekily challenged by CEO Viv Dickenson, about flirting with 96 yr old resident Betty Magee who told the Prince that "it was customary in these parts to give a lady a kiss"!

In his concluding deliverance to the General Assembly, Prince William included the Queen's Bay Lodge team in his recognition of the compassionate staff from the organisations he met with during the General Assembly week, emphasising that they all "brought to life that the church is not a building but a community bound together by a common creed and shared commitment to serve". ■



Betty made headlines all over the world, leading to Legion Scotland getting in touch. Betty was not registered as having received a commemorative coin from Legion Scotland for services in the RAF during the Second World War. Thanks to Betty becoming a global star, more residents have been identified to receive their commemorative coins. Betty was delighted and is pictured with her granddaughter receiving her coin.



"Staff and residents were thrilled and honoured to have welcomed the Lord High Commissioner to Queen's Bay Lodge. This really has lifted everyone's spirits following such a difficult and challenging year and will live long in our memories."
 Maria Toth, Queen's Bay Lodge manager



Heart for Art

We are thrilled to be opening the Heart for Art doors again! After a time of holding the creative classes digitally, the first session was held outdoors at St. Andrew's Parish Church in Carlisle. It was just wonderful to see our artists growing in creative confidence again and catching up in the sunshine over cup of tea! ■



Work with us



Are you looking for a rewarding career that gives you Excellent Employee Benefits in pension and holidays for example and a real sense of a job well done?

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Celebrating achievements



Ohana means family, family means nobody gets left behind or forgotten

Recognising employee achievements is important to CrossReach. One way we do this is through the annual Service of Celebration, where employees who have attained a qualification, have long service of 20, 30 or 40 years or are being nominated for a special award for

quality or excellence are invited, with a guest, to a lunch and service in the Church of Scotland Assembly Hall in Edinburgh.

In 2021 we are recognising 2020 and 2021 achievements at our virtual Employee Awards 2021. Like everything else we are adapting our celebrations to allow them to take place safely, so instead of everyone coming to a central point, celebrations will take place in individual services and the event will be live streamed into services, allowing staff and service users to celebrate together. In the coming weeks craft packs will be issued to prepare for the celebration which will take place on 28 October 2021.

The theme of Employee Awards 2021 is Ohana which is a Hawaiian term meaning family – family means nobody gets left behind or forgotten.

We look forward to our virtual awards and will share photos of our Hawaiian themed celebrations in the next edition of CrossReach News! ■

Employee Wellbeing

Over the last 18 months our staff have worked tirelessly through some of the most difficult months of their career and have shown great resilience and dedication to those they support and their families. In the last edition of CrossReach News we told you about our

Wellbeing Champion initiative and I am pleased to confirm that all Wellbeing Champions have been trained and on 21 April 2021 the Wellbeing Champion initiative was formally launched. We continue to explore ways to support employee wellbeing in these difficult times.

Supporting you to make a difference



Situated in the centre of Banchory, Bellfield care home is at the heart of the local community. After nearly 30 years with the service, Manager Janis Grubb retired in April and Caroline Ewen, the Deputy Manager has been promoted to her role. We spoke to

Caroline about her career journey with CrossReach and how she is looking to recruit a new leadership team at Bellfield. "I'd worked in retail and hospitality before joining the care sector. When the opportunity came up to join Bellfield as a Care Team Supervisor or Senior Care Worker as it was then, I was excited to take on my first management role. The development opportunities I've had since have been fantastic and I was promoted to Deputy Manager, and now Service

Manager. I'm hoping to build on all of Janis's great work and to take the service forward with a new leadership team. We're looking for people who are working or have worked in the care sector and ideally have some experience of supervising or leading a team. It's an opportunity to help me shape the service and to bring in new ideas."

Caroline goes on to say "We've always had a really close-knit team at Bellfield that work together to ensure our residents' live the best lives possible. As Bellfield is part of CrossReach, one of Scotland's largest social care organisations, we offer a uniquely supportive culture for our staff. If you show an interest in something, we'll support you to learn more. For example, I wanted to find out about dementia and CrossReach sent me on a range of courses so I'm now a Dementia Ambassador. I've also had full support to get an SVQ 4 in Healthcare and Management."

If you'd like to find out more about joining the team at Bellfield, please give Caroline a call on 01330 822692 for an informal chat.



Moderator's time

We are delighted and grateful that the Rt Hon Lord Wallace of Tankerness QC (Jim Wallace) has planned to spend time engaging with us throughout his year as The Church of Scotland Moderator to the General Assembly. Look out for social media and website updates featuring his visits and their associated highlights and insights. Some focused visits have been arranged for 27-29 October.



Save the date!

We know you will be looking forward to marking **CrossReach and Social Care Sunday** and we are pleased to announce this year, it is **Sunday 21st November**.

Look out for the Weekly Worship resources on churchofscotland.org.uk authored by Rev Prof John Swinton as part of the lead up to the day (scheduled for 14th Nov) and for additional materials featuring contributions from The Rt Hon Lord Wallace of Tankerness QC, Jim Wallace on the day itself.

Get involved!

- Pray for us
- Consider when and how you would like to celebrate CrossReach and Social Care Sunday
- Send in and/or post pictures of your activities and events and let us know how you recognised our work bdd@crossreach.org.uk



We look forward to hearing from you.

A bit about - Nathan Todd

What is your job title and how long have you been in post?

My job title is Digital Marketing & Creative Services Advisor on the CrossReach Business Development team. I joined at the end of March 2021.



When did you first become aware of CrossReach and what do you now find most interesting about CrossReach? After a story about a 'hot tub' in the January 2021 edition of CrossReach News caught her attention, my sister was looking at the website and came across a job she thought sounded well suited to me. After enquiring I decided to apply. Before this, I was not much aware of CrossReach, really. I find it interesting just how many different services and different groups of people receiving support there are.

Your role is part of the central support function, how does your role support those who use CrossReach services and the staff?

For someone in need of care or support, you can't benefit from a service you have never heard of. My role is to continuously improve the ways people can hear about CrossReach, as well as support services to connect with the people they help. For example, through our website and social media. Since joining I've been involved in publishing stories about our impact from the last year

and also planning this edition of CrossReach News, which will see 25,000 copies going out across Scotland. I also collaborate with other central services such as fundraising and recruitment.

What did you do for employment before you came to CrossReach?

Most recently I have worked as a self-employed marketing consultant, helping businesses grow. Prior to that, I worked in my own Digital Marketing company which we decided to sell. On the side, I am also part of a production company, Fellowship Film, which is just completing a second feature film.

What hopes do you have for your role and the work of the team you are part of?

'Digital' is more a part of our lives than ever, for better or worse. I hope that in my role I can help CrossReach 'do digital' in a way that is helpful to individuals, useful to CrossReach as a business, honouring God, and building good foundations for the next 150 years.

Christmas Card and Calendar Collection 2021

Visit crossreach.org.uk/shop to order



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Featuring English & Gaelic months and days

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With punched wall hanging hole.
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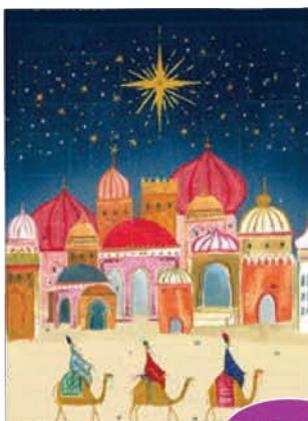
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£4.50

CrossReach Appointments Wall Calendar

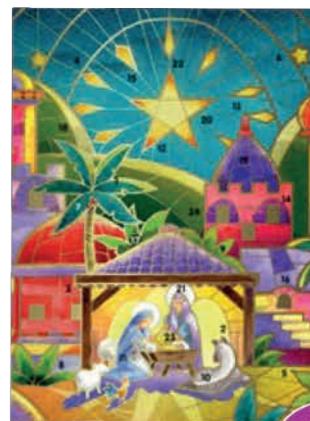
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CRWAC22 Cat No.2



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Advent Calendar – Three Kings

Dimensions: 245mm x 350mm
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An advent calendar featuring a scene from the Christmas story
CRADV16 Cat No.3



£4.50

Advent Calendar – Stained Glass Bethlehem

Dimensions: 250mm x 340mm
Complete with envelope
An advent calendar featuring a scene from the Christmas story
CRADV17 Cat No.4



The Church of Scotland

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Pack of 10
£3.80

Light in Darkness

Greeting: With every good wish for Christmas and the New Year
Verse: I have come into the world as a light, so that no one who believes in me should stay in darkness. John 12:46
150mm x 150mm
Gloss
CR222 Cat No.10



Pack of 10
£3.80
Silver Foil

Star of Wonder

Greeting: Christmas Greetings
150mm x 150mm
Gloss and Silver Foil
CR226 Cat No.14

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Arriving at Bethlehem

Greeting: Christmas Blessings
Verse: All this took place to fulfil what the Lord had said through the prophet: 'The virgin will conceive and give birth to a son, and they will call him Immanuel' (which means 'God with us')
Matthew 1:22-23
150mm x 150mm
Uncoated white
CR217 Cat No.5



Pack of 10
£3.80
Gold Foil

Kings at Manger

Greeting: Happy Christmas
Verse: They entered the house ... and they bowed down and worshiped him. Then they opened their treasure chests and gave him gifts of gold, frankincense and myrrh.
Matthew 2:11
150mm x 150mm
Gloss and Gold Foil
CR219 Cat No.7



Pack of 10
£3.80

Shepherds Arriving

Greeting: With all good wishes for Christmas and the New Year
150mm x 150mm
Gloss
CR224 Cat No.12



Pack of 10
£3.80

Messenger of Peace

Greeting: May the message of Christmas fill your life with joy and peace
150mm x 150mm
Gloss
CR227 Cat No.15



Pack of 10
£3.80

Christmas Robin

Greeting: With every good wish for Christmas and the New Year
150mm x 150mm
Gloss
CR228 Cat No.18



Pack of 10
£3.80
Gold Foil

Warm Winter Wishes

Greeting: With every good wish for Christmas and the New Year
150mm x 150mm
Uncoated White and Gold Foil
CR230 Cat No.20



Pack of 10
£3.80

Christmas Words

Greeting: Best Wishes at Christmas
150mm x 150mm
Gloss
CR234 Cat No.24



£2.00

Thank you Card Twin Pack

Say thank you for gifts, for hospitality or anything else with these delightful Thank You cards
Suitable for children or adults
Set of 6 cards, 3 each of two designs
100mm x100mm , Gloss
Blank inside for your own message
CRTU01 Cat No. 31



£6.00

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Set of 12 notelets, 6 each of two designs.
In presentation wallet, complete with envelopes.
120mm x 120mm
CRNTS04 Cat No. 30



Pack of 10
£3.80

Heart for Art

Richard joined our Heart for Art online sessions in February 2021. Since then he has been enjoying himself experiencing the art making process in the comfort of his home. He has no previous art experience but has found a new interest in collage design making. Richard's wife supports him on this journey and encourages him to stay connected with others. The 'Mistletoe Magic' was produced with watercolour paints.



Sold Singly
90p

Mistletoe Magic

Greeting: Merry Christmas, This card is the work of Richard Croft from CrossReach Heart for Art Group
150mm x 150mm, Gloss
CR235 Cat No.16

Money Wallets

Blank inside for your own message
Featuring money holding cut out
180mm x 92mm, Gloss
CRMW14 Cat No.26, CRMW15 Cat No.27

This card was created by the Sparkling Images Art Group.

The Sparkling Images Art Group work through the CrossReach Eskmills Project who support adults with learning disabilities to live independently.

The Annunciation

Greeting: Joy and Peace be with you this Christmas
Verse: You will conceive and give birth to a son, and you are to call him Jesus. Luke1: 31 This work was created by the Sparkling Images Art Group at CrossReach Eskmills Project
171mm x 121mm, Gloss
CR236 Cat No.17



Pack of 10
£3.80



Pack of 30
£5.00

Christmas Bumper Value Pack

Now even better value with 30 Assorted Christmas Cards, with envelopes.
All cards are high quality. Some cards may have a Bible verse.
Contents of each pack will differ and will vary from those shown.
CR099 Cat No.25

Become part of the CrossReach family

Our faith, love, care and compassion are vast, but it takes an equally huge amount of time, money and resources to support those in need across Scotland.

Because of incredible people like you joining us to make a difference, we have been able to achieve so much in the past year even during lockdown, but we can achieve and help more.

Did you know, by setting up a regular gift to CrossReach, no matter how much or how often, you will be helping us to plan ahead to save and change even more lives. That also makes you a part of our amazing CrossReach family.

Benefits of being a member include:

- A special gift of recognition when you sign up and throughout your time with us
- Updates on how your donations are being put to use and the impact you are having
- Exclusive invitations to our events
- Discount and priority access to merchandise including Christmas cards, face masks and so much more



To start your journey with our family, call our colleague, Robyn on 07920 042 941 or email Robyn.Gilliland@crossreach.org.uk crossreach.org.uk/family



How A Legacy Can Help

Every gift in a Will is received with huge gratitude by CrossReach. Every legacy has the potential to start something new for our service users: a new phase of life; a new initiative; a new beginning. If you would like to start something new with your last gift, please call us on 0131 454 4374 to find out more. Once you have made arrangements for your loved ones, support CrossReach to be there for those who need us most.



Make A Donation Or Find Out More

TITLE NAME

ADDRESS

POSTCODE EMAIL TELEPHONE

Please complete the correct options below:

Please contact me as I want to find out more about leaving a legacy to CrossReach []

I wish to make a gift of £..... to CrossReach and enclose a cheque []

I wish to make a regular donation to CrossReach of £..... monthly [] or annually []

Boost your donation by 25p of Gift Aid for every £1 you donate.

Gift Aid is reclaimed by the charity from the tax you pay for the current tax year at no extra cost to you.

I want to Gift Aid my donation and any donations I make in the future or have made in the past 4 years to CrossReach. I am a UK taxpayer and understand that if I pay less Income Tax and/or Capital Gains Tax than the amount of Gift Aid claimed on all my donations in that tax year it is my responsibility to pay any difference.

Signature: Date:

Any questions about donating, please call 0131 454 4374 or go to our website where you can donate online at <https://www.justgiving.com/crossreachchurch/donate>

We take the security of your personal information extremely seriously and have in place appropriate physical, technical and organisational measures to protect the personal information we have under our control, in both electronic and paper form, from improper access, use, alteration, destruction and loss. We will keep your information for the purposes for which it was given and will not keep it any longer than is required to fulfil these purposes, unless required to do so to fulfil statutory obligations. Full information at www.crossreach.org.uk/privacy-policies

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THANK YOU FOR YOUR SUPPORT!