

February 2024 - January 2025

# Prayer Diary

# Thank you for supporting CrossReach by praying for us.

This edition of the Prayer Diary contains prayers for the whole year from our services across Scotland.



In this edition of the Prayer Diary we're taking the opportunity to celebrate God's faithfulness and provision - look out for the lighthouse symbol as we shine a light on some answers to prayer.



# Access prayers on the go with our Prayer Diary App.

The Prayer Diary app can be downloaded at: www.crossreach.org.uk/pd

### Does your church have a website?

The CrossReach Prayer Widget can be installed on any website. For easy to follow instructions on how to install, visit: www.crossreach.org.uk/pd

Once installed, the widget automatically updates the prayers itself — it's entirely self-running.

### Cover image details



This edition's cover artwork is an original piece from Bob Reekie called "Lighthouse".

Bob has produced a large amount of artwork since joining Heart for Art. He worked as a geologist at the National Museum of Scotland and still likes to study the Earth and its structure. This peaceful lighthouse certainly embodies Bob's love for rocks, minerals and nature.

### Eskmills, Edinburgh

Supported accommodation for adults with learning disabilities in Edinburgh and East Lothian.

- Thanks for the hard-working team members: may they have continued health and wellbeing as they support the people who use the service.
- For God's strength and sustaining grace during seasons of change and development.
- Thanks for donations received, as they significantly improve the lives of those who use the service.
- Thanks for the arts group: may it continue to give its members a safe and colourful way of creative expression.
- Thanks for the fellowship within the staff team: may happiness, laughter and joy be an integral part of the service.

# The Mallard Short Breaks and Go2, Glasgow

The Mallard provides short breaks and Go2 provides community based day support to children and young people with additional support needs.

- For the staff team: may they know deep strength and may the young people they support experience the love of God through their work.
- For the work of Go2 service as it expands: may it reach the many families that need the care and support it offers.
- For new staff as the service expands: may the applications be many and be good matches for the positions applied for.
- For protection over the staff team, families and young people: may they keep in good health

### The Oasis Garelochhead, Argyll and Bute

A day care service, providing care in the community.

- That each person who uses the service will continue to know they are valued.
- May the Lord bless the team members at Oasis Garelochhead as they work together in caring for the people who come to the service: may they continue to be lead by the Holy Spirit.
- May the Lord work through the staff so they continue to show Christ-like love and Godly hospitality: may all know the warm welcome of Jesus' love.
- Thanks for the opportunity and privilege
   Oasis Garelochhead has in serving God
   through caring for others in their homes.
   May the Lord continue to guide and bless
   the service.
- Thanks that God uses all situations for the good of those who love Him.



Praise God - a donation from a local vintage car club has meant that the Storybook Families project supported by the Polmont Prison Visitors Centre can continue for another year, bringing hope to and connection between prisoners and their children.

# Threshold Support Services - community support, day opportunities and short breaks, Hamilton

Providing support for adults who have a learning disability and support for adults who are on the autistic spectrum.

- Thanks for the staff team that provides ongoing great support: may God sustain and bless each team member.
- Thanks for the new Transition service in the North Lanarkshire area: may it help people achieve and exceed their chosen outcomes
- May God bless the team with additional members who also have a real vocation for working with us.
- For health and wellbeing for clients and team members, especially during the winter months
- Thanks for safety in travel for our short breaks clients and staff. May each holiday and trip be smooth, safe and blessed with fun and enjoyment.

### Dick Stewart Project, Glasgow

Justice services supported accommodation. The service offers support with independent living skills for long-term prisoners leaving custody.

- That the Lord continues to provide staff with the wisdom to build positive relationships with all those who use the service.
- That the people who use the service and their family members will feel safe and have an awareness of who they can turn to when they need support.
- For the leadership team in CrossReach: may God give them wisdom as corporate decisions are made.
- For protection over the families of those who use the service.
- For all those coming into the service: may they receive the support they need and may they move on to their own accommodation and an independent life.

# Threshold Edinburgh, including our Transitions Service, Edinburgh

Support for adults in their own homes and in the community, who have learning disabilities. Also a day service supporting young adult school leavers with a learning disability as they transition into adulthood.

- May the service continue to provide what the clients want and need so they will enjoy the best health and wellbeing possible.
- May God bless the team members and bring in new staff who also have a real vocation for service and care
- For the senior team: may God provide them with all the wisdom and strength they need.
- Thanks for the service expansion and development: may God's hand of blessing and protection rest on it.
- Thanks for the corporate team: may they be sustained by God as they support us to provide the services wanted and needed by our clients

### Whiteinch Move On Service, Glasgow

Housing support and support for people in recovery from substance use, to maintain their chosen recovery paths, develop life skills and access their own homes.

- May every person supported in the service feel safe and loved as they focus on continuing their recovery journey.
- May the care and compassion of the staff make a positive and lasting impact on the lives of the people they support in the service
- For strength physically, mentally, emotionally and spiritually as the team members serve both the people using the service and each other.
- May the people walking the journey of recovery from substance use know strength and determination to journey on when days feel challenging and difficult.
- May God grant the leadership and management team wisdom in their daily decision making and guidance in the planning and development of the service.
- May the presence of Christ be felt and His love be seen in all aspects of the team members' work with people using the service, and with partners from other organisations.
- May the team members know God's protection whilst they are out and about.

# Children and Young People's Residential Houses

Providing young people with a sense of safety, belonging and comfort, and a home that is the foundation for relationships that are life long and meaningful, where children feel loved, cared for, valued and connected with the people that have the great privilege of looking after them.

- For the children and young people: may they feel safe and loved, with a real sense of hope for their futures.
- For the adults: may they know strength in their hearts, minds and souls, as they support the children in their care.
- For the families: may they feel supported, nurtured, heard and understood.
- For ongoing growth in relationships with partner agencies so that the needs of children and young people continue to be met.
- For the decision makers: may the needs and wellbeing of the children and young people always be at the heart of the planning.

### Adams House, Johnstone

A specialist residential care home for 30 older people with a diagnosis of dementia.

- For a sense of ongoing comfort and hope for the residents: may they be aware of God's presence and that they are precious and valued.
- May the staff be aware of God's strength, patience, wisdom and understanding as they carry out their tasks.
- Thanks for God's constant presence in all circumstances: may residents, their families and the staff be aware that God's arms are strong and steady.
- May the team be aware of God working through them as they bring a sense of love and strength to the residents.
- Thanks for ongoing joy, humour and happiness: may the residents and staff know muchlaughter and fun in everyday activities.
- May each day be anchored by the peace of God that is beyond human understanding.

### Morlich House, Edinburgh

A care home for older ladies in the Morningside area.

- Thanks for all the people who support Morlich House and the varied ways in which they help.
- Thanks for the dedicated staff group: may they be granted continued wisdom and knowledge in all aspects of their work.
- May families and friends feel comfort and strength during times where their loved ones experience declining health.
- For the ladies at Morlich House: may they feel a sense of contentment, fulfilment and love.
- Thanks for the joy experienced as staff build relationships with new residents and learn about their life experiences.
- May God continue to strengthen the staff's close-knit team spirit through His love and peace.
- Thanks for God's sustaining grace and strength in all circumstances.

### Cameron House, Inverness

Home to 30 people who are at various stages in their journey with dementia.

- May each service user always have a deep sense of being loved and valued.
- May families who are supporting their loved ones transition into the home experience wisdom, strength and peace.
- For job applicants to be well suited to the positions and to be filled with a spirit of loving service. May new staff quickly settle into the team.
- Thanks for Highland Cross funding the new minibus: may this be a real blessing to all who travel in it.
- For the love of Jesus to be experienced by everyone visiting, living or working at the home.
- Thanks for the Friends of Cameron House group as it continues to support service users and staff in many different, and often invaluable, ways.

### Balmedie House, Aberdeen

Residential accommodation and day care set in 26 acres of woodland and gardens.

- Thanks for the blessing brought by each and every resident and day care client.
- Thanks for the sense of fellowship experienced as the supporters of Balmedie House bring residents, staff and the community together.
- For the safety and wellbeing of residents, their families and friends, and the staff team.
- Thanks for the warmth within the beautiful home and for the entertainment brought by wildlife visitors to the lovely gardens outside.
- Thanks for the dedicated commitment, love and patience of the staff team: may each person experience God's support, strength and peace as they continue to provide care in Christ's name.
- Thanks for the Lord's loving, caring and guiding hand over Balmedie.



Thanks to God for the gathering of different faith communities to collectively support social change through the Fair Work Campaign.

# CrossReach Counselling Services North and West, Glasgow, Inverness and Moray

Offering one-to-one counselling – for adults, children and young people – in a safe and supportive environment.

- For the Business Support Team members who work behind the scenes to ensure the teams provide a professional counselling service: may they know fulfilment in their work.
- Thanks for the volunteer counsellors who give of their time: may God grant them continued health and energy.
- Thanks for all the individuals, churches and groups that support the counselling services through prayer and financial support: may God continue to bless them.
- For children, young people, parents and carers who are struggling or are distressed: may they receive the therapeutic support and love that they need.
- For God's blessing on all the teams that work on our funding applications: may everyone be filled with courage, wisdom and resilience and may God grant favour on their work.
- For all those experiencing mental health challenges: may they receive the emotional support they seek and may the counselling teams offer understanding, empathy and compassion.

### Lewis Street Project and Dochas, Stornoway

Lewis Street provides accommodation for 5 adults, to support mental wellbeing. Dochas (meaning 'hope') provides support at home for adults recovering from drug and/or alcohol use.

- May the Lord provide hope and peace in the lives of the people supported by Dochas and may they experience God's healing.
- For the people journeying to overcome their addictions: may they see and celebrate each of their achievements, regardless of how small.
- For the Lewis Street Project service users: may they grow in confidence as they are supported towards independent living.
- For families of people who are affected by substance use: may they know God's strength, peace and comfort.
- For service users maintaining their recovery from alcohol and substance use whilst living in the community: may they receive God's peace and enduring strength.
- Thanks for the committed and compassionate staff: may they continue to receive peace and wisdom as they provide effective support for the people who use the service.

### Clasfarquhar House, Stonehaven

With a great view over the bay, this is a care home for older people that also provides day care and respite care.

- Thanks for God's guidance and strength: may we continue to work with hearts full of gratitude and worship for His love and provision.
- For good health and wellbeing: may God grant this for our residents, their families and for our staff.
- For the staff team: may they know the Lord's guidance in all the decisions they have to make both at work and at home.
- For the day care and respite services: may God bless each person receiving a service with a deep sense of their value and worth as the staff work with them to attain their best quality of life.
- Thanks for our Friends Group and volunteers: may each of them be enriched by God's love and may other people join with them in their support of our work.
- Thanks for the laughter enjoyed in the home on a daily basis: may everyone continue to feel blessed as they work in Christ's name.

### The Bungalow, Stonehaven

The Bungalow is a specialist residential care home for adults with profound and multiple learning disabilities in this costal town.

- For all those who enter the home: may they know the strong and gentle presence of God through the care given to them.
- Remembering the service users' families: may relationships continue to strengthen and may God's peace be experienced by them every day.
- Thanks for God's provision, which enables the support and care given to service users: may God's hand continue to guide the plans for The Bungalow.
- For the staff team: may abilities, skills and giftings be recognised and used to build a strong team that's guided by God.
- Thanks for each team member: may the love of Jesus be evident as we work and serve together in Christ's name.
- For God's guiding hand on our commitment to managing environmental and stewardship causes.
- Thanks for answered prayers.

### General Assembly Week

The General Assembly is a significant annual event in the Church of Scotland calendar. Throughout the week, commissioners to the General Assembly examine the work and laws of the Church and make decisions that affect its future.

- Thanks for the role CrossReach continues to play, having delivered social care support on behalf of the Church of Scotland for over 150 years.
- For all the discussions and decisions that will take place this week: may they all be Christ-centred and rooted in His wisdom.
- For the partnerships between CrossReach, local churches and Presbyteries: may they be strengthened and renewed through this week
- For new and uplifting connections that will give CrossReach services much needed encouragement and spiritual support.
- For the National Church: may its voice be used to speak on behalf of unheard communities and uphold those faced with the ongoing challenges of the social care system in Scotland.

### Allarton, Glasgow

A residential service providing support to 14 adults experiencing mental health issues.

- For the residents who are having difficulty with their mental health; may they receive comfort from troubling symptoms.
- For those suffering from stigma and discrimination; may they be shown kindness, compassion and understanding.
- For those who are affected by conflict: may they know peace from strife.
- Remembering those in the community who need support: may they receive support and know where to turn to when they feel at a loss.
- For the social care system: may the appropriate services and their funding be made available, in a timely way, for everyone who needs social care support.

### The Elms, Edinburgh

A specialist residential care home for older people with a diagnosis of dementia.

- For the residents who come to live in The Elms: may they be blessed by their choice.
- For the residents receiving end of life care: may they, their families and friends know peace and comfort.
- For the staff team: may they be blessed with good health, strength, peace and wisdom.
- For new team members: may applicants for vacancies have hearts to care and be good matches for the requirements of the roles applied for.
- For good health for the residents: may they keep well and live lives that are full and filled with meaning.

### Daisy Chain Early Years Project, Glasgow

Play based groups and family support to help families thrive together.

- For the families and children who attend the service: may they feel supported and safe.
- For the staff team: may they look after their wellbeing and feel strengthened and supported by those who surround them.
- For new funding support: may God open new opportunities as we lean on His guidance and direction.
- Gratitude for the area of Govanhill and the community support available.

# CrossReach Board and Secretary to the Social Care Council

The CrossReach Board works closely with the Chief Executive and Assembly Trustees to ensure that there is good governance over CrossReach so that the services can continue to provide their vital care and support.

- Thanks for all those who serve on the Board of CrossReach and for all the gifts and talents they bring with them.
- For wisdom, conviction and enthusiasm for the Board members as they seek to support the leadership team and exercise good governance.
- For all CrossReach staff and volunteers across the country: thanks for their commitment to come alongside people facing vulnerable positions, working with them to offer help, care and support so that they might experience life in all its fullness.
- For strength and resilience for all CrossReach services amidst the challenges and adversity being faced across the social care sector.
- For Christ's love to be known by all in a true and living way.

### Heart for Art

Using creativity to support and encourage people with a diagnosis of dementia and their families. The groups connect people in communities and provide therapeutic art sessions.

- Thanks for the Heart for Art service as it continues to support those living with a diagnosis of dementia.
- For encouragement to continue to make a difference to the lives of those who attend the service.
- For wisdom and knowledge as the service seeks to further understand dementia and reach more communities across Scotland

# Threshold Support Services (Residential and Housing), Hamilton

Provides support to people who have learning disabilities and who are on the autism spectrum in Lanarkshire.

- For God's ongoing provision: may God bless the service with all that it needs to continue to support the clients to live their lives to the full.
- May God bless the team members and bring in new staff who also have a real vocation for service and care.
- For the development of the service as it embraces new initiatives to enhance the lives and wellbeing of people with learning disabilities and of those who are on the autistic spectrum.
- For new partnerships: may God lead us in developing new and mutually beneficial relationships with individuals and partner organisations.
- May the Lord lead the service into the future with peace and a real sense of hope.
- May the strength of God renew, the beauty of God inspire and the joy of the Lord uphold all involved with the service.

# Threshold Transition Day Service, Edinburgh

Supports 9 young adults with behaviours that challenge and learning disabilities. The service opened in July 2019 to meet the needs of individuals who require tailored 1-1 or 2-1 support.

- For Gods blessing over new staff joining the service; may they feel called to love and support in Jesus name.
- For each young person; may they know that they are loved, respected and valued individuals.
- Thanks for the hard work, expertise and dedication of staff within our service: may they feel valued and paid fairly and generously.
- For strength for staff to be able to meet every challenge they face and may the passion for their work become infectious, spreading joy to others.
- For God's strength and confidence to develop the service in the future so more individuals can be supported to achieve a good quality of life.
- For God's protection be over Threshold Transition Service.

### Rankeillor Initiative, Edinburgh

Edinburgh based temporary supported accommodation flats for people experiencing homelessness and who are in recovery from addictions.

- Thanks to God for the work of Rankeillor, for the personal growth and achievements of clients: may this work continue into the future.
- For the physical and emotional health of staff working with clients with complex needs: that staff will let God be their strength, wisdom and motivation. May staff honour Him and may clients see Jesus in their actions and words, as staff bear witness to a hope that transcends all circumstances.
- That clients feel safe and at peace in their accommodation and for the ongoing safety and wellbeing of people who have used the service in the past and have since moved on.
- Thanks for an established staff team. May the service continue to build a supportive and encouraging team that seeks to develop and improve the service to best support those they work with during what are challenging times
- For the continuation of good relationships and communication with partner organisations such as the City of Edinburgh Council, local homelessness services and community organisations.
- That residents will find fresh opportunities to build resilience in their lives: social, economic, emotional and spiritual.

### Williamwood House, Glasgow

A care home for older people living with dementia.

- For all new residents who have come to live at Williamwood House: may they settle in, enjoy life and make new friends.
- For new staff: that they would enjoy the variety of their roles and the learning available organisationally, from other colleagues and from the residents.
- For the families and friends of the residents: may they know times of blessing when they visit their loved ones.
- For good weather this summer, which will allow residents and staff to enjoy outdoor activities and to bask in the warmth of the sun.
- Thanks for the staff: may God grant them strength, wellbeing and resilience as they focus on caring for the residents.



Praise God – for those who choose to support CrossReach, raising money and volunteering their time and talents so those most in need of support can receive it.

### Oversteps, Dornoch

A comfortable and happy home providing residential care to 24 older people.

- Thanks for the opportunity to serve God through the work done at Oversteps.
- For those who are grieving at this time: may the Lord comfort them with His love in their time of need
- For all the staff at the home, and in other CrossReach services, who work tirelessly to make life as comfortable and fulfilling as possible for the people supported and cared for.
- That the Lord would fill this home with happiness, joy and peace for all who live, work and visit here.
- May any worries and anxieties experienced by residents and staff be lightened.



Thanks to God - South Beach House received a £10,000 donation from St. Cuthbert's Guild as a mark of gratitude for the care given to family and friends who have stayed in the home.

### Morven Day Services, Kilmarnock

A day service for adults, offering mental health support in East Ayrshire.

- Where there is stigma and isolation through mental health issues: may people find company and support and may they feel known, cared for and listened to, without agenda or expectation.
- For the staff of the service: may the Lord be their wisdom and strength as they come alongside those they support.
- For opportunities, resources and new and renewed relationships, which help people handle mental health challenges in healthier ways.
- For those that are striving to overcome mental health issues: may they see their steps of recovery, regardless of how small, and feel able to celebrate their achievements.
- For those who have lost hope and sight of the future: may they regain clear vision for their lives.



Thanks to God – for continuing to place in the hearts of those who support CrossReach their faithful belief and hope in the work carried out.

### Perth Visitors Support and Advice Centre

The Centre provides a welcoming, traumainformed safe space for all families who visit HMP Perth. Our team supports each visitor to receive emotional and practical help, based on their need at that time. We link in closely with local churches who engage positively with the service

- Remembering the family members who visit the Centre: may it be a place of sanctuary and hope.
- For the children who play in the Centre: may they feel safe, understood and hold positive memories of their visits as they grow older.
- Thanks for the churches that support the Centre through financial and practical means: may they know how important their contributions and belief in the families are.
- For staff at the Centre: may they feel encouraged and supported when meeting with families who may be experiencing trauma and loss.
- Thanks for the positive professional partnership CrossReach has with the Scottish Prison Service and other agencies.
- Remembering the Scottish Prison Service
   Officers as they care for prisoners in HMP
   Perth and for those who support visitors who
   come to meet with their loved ones.
- Remembering those in prison: may they feel a sense of peace and purpose as they serve their sentence.

### Employee Representative Group (ERG)

An elected group of staff reps who provide support to the workforce through: an effective employee voice, representation and through negotiating salary and terms and conditions changes for staff.

- Thanks for each member of staff working within Older Peoples Services, Children and Families Services and Adult Care Services who represent and support staff.
- For God's daily blessing on CrossReach colleagues who work tirelessly to care for those who use the services.
- For God's guidance as the Employee Representation Group work alongside management colleagues to find the solutions to the challenges faced.
- May God give strength to staff who are struggling with personal issues or who are unable to work because of illness
- For guidance as the Employee Representative Group continue to engage and support staff, and ensure the voice of the workforce is heard
- For support and guidance: may God grant the members and Lead Representative of the ERG wisdom, as they work together to achieve the best outcomes for all staff.

### Threshold Glasgow

Support at home and day opportunities for adults with learning disabilities. The service aims to empower and include all who are part of their great team: customers, staff and families

- For patience, wisdom and strength through times of uncertainty: may Your footsteps be seen in the sand when we look back over these times
- For God's guiding hand on Threshold Glasgow as it continues to develop. For wisdom and a sense of team, as new and established staff work together.
- Thanks for the service leader and service co-ordinators: may they know strength and wisdom as they lead the team.
- Thanks for the students who come on placement to the service: may everyone in the service continue to learn from each other
- For our nation: for comfort and peace of mind through uncertain times.

### CrossReach Central Services

Supporting our services as they support their members of the CrossReach family.

- Thanks for our Human Resources and Organisational Development team who work tirelessly to recruit, train and support the CrossReach workforce throughout Scotland.
- Strength for the Finance team members as they support CrossReach's services and teams to keep budgets on track, whilst delivering quality support.
- Insight and wisdom for the IT team members as they work hard to keep everyone secure and safely connected in the world of digital communications.
- Thanks for the Estates team members in their various roles that include looking after our buildings, overseeing essential utilities and keeping us healthy and safe in our workplaces.
- Stamina for our Fundraising and Engagement team members as they actively promote the incredible outcomes experienced by the people we support, and as they continue to find creative ways to raise much needed funds
- Gratitude for our Payroll team that supports the weekly, monthly and annual processes to ensure employees are paid on time.
- Thanks for the other teams, secretaries, senior managers and members of the Board whose work supports the services to continue to deliver care that people can put their faith in.

### Cumnor Hall, Ayr

A specialist care home supporting up to 31 people living with dementia.

- For all Cumnor Hall staff: may they be kept safe as they carry out their work in Christ's name.
- For each of the residents, their families and friends: may they always feel welcomed and supported at Cumnor Hall.
- Thanks for the laughter and joy between staff and residents within Cumnor Hall, and for the sunshine this brings every day.
- May all the visitors and relatives who come into Cumnor Hall, and other CrossReach services, enjoy their visits.
- Thanks for God's presence: may He provide strength and wisdom for all staff at work and at home.
- May staff experience God's joy in their hearts and may this help to make others feel happy, secure and content.



Thanks to God - the generosity of supporters and their hope in the work of CrossReach has seen the Daisy Chain service able to serve children and families for another year.

### The Walter and Joan Gray, Scalloway

A care home providing residential and respite and day care to people in our community.

- Thanks for the connections with the local and wider communities that the residents and staff enjoy.
- For the residents: for the life stories they share that enrich all those around them and for their unique personalities.
- For God's blessing on the service users, their families, the staff and on all those who support the home in so many ways.
- Thanks for the peace, fun and friendship experienced in the home.
- For relatives and friends of residents: may they know how much their visits are valued and appreciated.
- For staff: may they continue to enrich the lives of residents with their care, compassion and energy.



Thanks to God - Eskmills celebrated its 25th anniversary with some of the original customers there as part of the family.

### Queen's Bay Lodge, Edinburgh

A happy and relaxing home providing residential care to older people.

- Thanks for the beautiful garden that showcases the changing seasons and for the enjoyment this brings to residents and staff.
- Thanks for the volunteers who generously give their time to support the home with activities, outings and fundraising events.
- Thanks for each of the staff members who make up the team: may the Lord continue to give them the strength to carry out this work in His name.
- For residents' families: may they know real peace as they work together with the staff to ensure the best care possible is provided for their loved ones.
- For the wellbeing of all who stay, work and visit the home: may they see God at work and feel His presence in the home.
- Thanks for God's eternal love, meeting us as we are

# Fundraising and Engagement

The team that raises funds and co-ordinates events to support the work of CrossReach.

- May God bless all those who have supported and those who continue to support, the life enhancing, life changing and life saving work of CrossReach.
- Thanks for all the Charitable Trusts and Foundations that have supported the work of CrossReach in the past year and the incredible impact they have on so many families' lives.
- Thanks for all the churches and congregations that support CrossReach through prayer, fundraising and volunteering. Their continued support with 'Share the Love' during challenging times is a true blessing.
- For all the wonderful people who choose to join the membership scheme and become part of the CrossReach family: may they feel a real sense of pride and achievement through their support.
- Thanks for all the companies, groups and organisations that provide invaluable financial support to CrossReach: may this selfless giving bring change and transformation to the people we serve.
- Thanks for all the events taking place in aid of CrossReach: may all the wonderful supporters who attend and participate feel a real sense of belonging as they join with us.
- Thanks for each and every person who donates to support CrossReach and in so doing, participates in the life saving work carried out every day.

#### The Kirkhaven Project

Resettlement homeless project for service users with complex needs.

- Thanks for God's mercy and faithfulness.
- Thanks for God's provision: "The earth is filled with the gifts of the Lord, wine, oil and bread to strengthen us and cheer our hearts." (Ps 67:6)
- For wisdom and guidance in all decision making about and for the service.
- Thanks for the abilities, skills and giftings each person brings to the team, as they serve in Christ's name.
- For staff as they work patiently with those in their care: may God strengthen them.
- For the people supported by the service: may they know God's presence and peace.

#### Bellfield, Banchory

A residential home for 34 older people, in this picturesque town within Royal Deeside.

- For the staff: thanks for their dedication and for the joy and comfort they bring to residents.
- For the families and friends who live both near to and far from the home: may God keep them safe.
- Thanks for the local community and all the gifts and support its members give to Bellfield
- For the residents: may they feel safe, secure and loved as staff continue to care for them.
- Thanks for health, happiness and for all of God's daily blessings.
- The beautiful scenery: thanks for the way it displays the uniqueness of each season and for the joy that brings to residents, staff and visitors.



Praise God – that many churches continue to collectively celebrate and acknowledge the impact of the work carried out in Christ's name through CrossReach.

# Perinatal East Counselling Service

Perinatal counselling and therapy to families expecting a baby or with an infant up to two years old in Edinburgh the surrounding areas. Counselling can be offered face-to-face, over the phone and online.

- For the parents and children who use the service: may they experience hope, compassion and the warmth of God's love through the counselling and crèche facilities.
- Thanks for the staff and counsellors and for their loyalty and commitment as they deal with trauma and anxiety: may God continue to send the right staff and volunteers for the service.
- Thanks for the crèche volunteers: may God provide funding for staff so more spaces can be made available in the crèche to allow more people to access counselling.
- For long term funding that would allow the service to grow and reach families that may not be able to access support because of economic and social difficulties.
- Thanks for the CrossReach Counselling East Services' co-ordinator: may God bless them with wellbeing, wisdom and resilience as they continue to guide the services.
- For Art at the Start and other developing areas of the service: may they thrive so that many people can benefit from the support they offer.
- For all CrossReach services: thanks for the opportunities they give staff and service users.

### Umbrella Project

A community group supporting mental health recovery based in Irvine, North Ayrshire.

- Remembering those who attend the service: may they be able to recover good mental health.
- Thanks for the Kirk Session and congregation of Irvine Old Parish Church, who allow the use of their halls to host Umbrella.
- Umbrella has run as a trial project since the Covid-19 pandemic, using funds from a legacy left to CrossReach. May God secure the financial resources to continue running the project.
- Thanks for the Community Link Workers and other staff within the NHS and local social work teams who support the work of Umbrella and signpost people to the service.
- Thanks for the service users who attend the service: "Coming to Umbrella has improved my confidence and I've enjoyed meeting new people". M
- Thanks for the positive impact on lives:
   "I feel like part of a community at Umbrella, I've met new friends and now socialise out-with the group which has been a real help to me" R
- That God would guide staff as they work to support people to overcome difficult circumstances and experiences.

# CrossReach Residential Recovery Service, Glasgow

Supports people who are committed to living drug and alcohol free (formerly Rainbow House).

- For the residents: may they experience complete freedom from addiction through the help and support received in the service.
- That the residents may have an understanding of God's healing and forgiveness.
- That residents would experience God's love through their stay in the service.
- For peace and protection for the staff and residents.
- Remembering the families who struggle with the effects of addiction
- For continued unity and good relationships in the staff team.
- That staff would experience personal growth in their relationship with God: may His love flow through them and be experienced by those who receive support.

## CrossReach Tayside Support Services, Dundee

A non judgemental community service, supporting people in recovery from addiction, to move forward and achieve goals; Learning tools to help people in recovery with day-to-day life and to build confidence and self worth; Recovery cafés to engage the wider community and reduce stigma.

- For everyone who comes in contact with team members: may the CrossReach values touch their lives.
- For the service users fighting stigma: may staff and their peers provide the encouragement needed to help them stay strong on their recovery journeys.
- Thanks for connections with other agencies committed to the common goal of ensuring the health and wellbeing of service users.
- Thanks for all the volunteers and other s
  ervices that work alongside us: may our
  collective efforts provide our service users
  with the holistic support they want and need.
- For all the people that come through the service: may they find real peace amidst the many challenges and difficulties they face.
- For the people who need our help in Dundee: may any and all barriers to accessing Tayside Support Services be removed.

# Cunningham House, Edinburgh

Supported hostel accommodation for men and women experiencing homelessness in Edinburgh.

- For blessings on Cunningham House: may the staff team be physically and emotionally strong for those they support.
- Thanks for a dedicated and committed staff team: may they continue to remain focused and trauma informed as they support individuals to express themselves confidently.
- For the family and friends of those who receive support: may God bring them peace and the confidence to reach out for their own support through times of struggle.
- For the continued development of the service: may God provide vision and insight.
- For strong working relationships: may staff continue to develop knowledge and experience they can bring to their role.
- For God's love and grace upon those who are supported by the service: may He give them confidence and reassurance through their journey.

#### Whinnieknowe Care Home, Nairn

A care home for 24 older people, overlooking Nairn River and Cawdor Hills.

- For all of CrossReach's services: may God touch and fill the lives of those who are struggling with life and who are receiving support through our services with His joy.
- For safety: may God's presence be experienced as daily tasks are carried out and may He provide a real sense of comfort.
- For the staff: may they know God's strength as they look after the residents and may they help create happy memories within the service.
- For the families with loved ones at Whinnieknowe: may they know God's peace.
- Thanks for the volunteers who selflessly help whenever they can.
- Thanks for God's promise to be with us: may He continue to provide strength and quidance to deliver care in His name.

#### Beechwood House, Inverness

Offers residential rehabilitation, community outreach and social care to people affected by substance use.

- For those affected by substance use: may God show them new ways to manage problems which lead them to use.
- For service users past and present: may God continue to watch over them and keep them safe
- Thanks for the way each member of staff shows enduring love and support to the service users and for their commitment in offering hope to the people who are struggling.
- For the families and friends who visit Beechwood: may God bring comfort when most needed
- May God continue to bless the work carried out in all CrossReach services.
- For families affected by substance use: may God give them inner strength to walk tall during challenging times.

#### Polmont Prison Visitors Centre

HMPYOI Polmont has a population of male Young Offenders aged 16-21 and women of all ages. The Visitor Centre offers a warm welcome, refreshments, support and advice to families. We also support children visiting their parents in custody, with activities and opportunities for positive interaction.

- For the families who faithfully visit and support their loved ones in prison despite the financial, social and emotional challenges faced: may they receive the support they need.
- For the children who have a loved one in custody at HMP Polmont: may the time they spend together be positive and nurturing and reduce the negative impact of separation caused by imprisonment.
- For the staff at HMP Polmont: may God give them patience, understanding and wisdom as they perform their demanding role.
- For the women and young men in HMPYOI Polmont: may their time there be helpful and purposeful. May they receive the support needed to move on to better life situations on release.
- For the Visitors Centre staff team: may they continue to build trusting relationships with the visitors, families and children and may God provide wisdom, resilience and creativity as they provide practical and emotional support.
- For positive working relationships and mutual respect between the Visitors Centre and management of HMPYOI Polmont.
- For the Storybook Families initiative: may the stories recorded by loved ones in custody bring their children a sense of comfort and connection.

#### Cale House, Inverness

Homeless accommodation, for up to two years, for adults preparing for their own tenancies

- For the work of CrossReach: may its people be blessed by God's encouragement, inspiration and strength.
- Thanks for the gift of today: may all that is achieved be pleasing to God and benefit those served by the CrossReach team at Cale House.
- For hope and blessing on the people who use CrossReach services and on the wider community.
- For those who attend the service: may they find wholeness and hope for the future.
- For wisdom on how to live in this fragile world: may staff know God's protection as they work to support others.
- Thanks for God's grace and blessing: may these gifts be used for His glory as the team work with the people who attend the service.
- For strength and wisdom to find the best solutions to daily challenges.

# CrossReach Counselling East

Providing a wide range of therapeutic support and counselling for individuals, families, children and young people and people affected by substance use. Support is delivered from our city centre premises on Queen Street as well as by phone and online.

- For those who struggle with their mental health and wellbeing, for whom Christmas can be the most challenging time of the year. May they know God's compassion.
- For those for whom Christmas is a time of great loss because of estrangement or grief: may they feel Christ's unconditional love.
- May God's comfort and peace be felt in the hearts of those who carry the weight of trauma.
- For the families in our services: may they find hope in the story of Christmas.
- Thanks for the staff and volunteers who show great love, care and compassion to those who we are honoured to serve.
- May the services continue to build supportive and encouraging teams who seek to develop and improve the services and look at how they can best support our clients in Christ's name.
- For the young people who attend Sunflower Garden: may their time with staff, volunteers and their peers be fun and supportive and may they experience real warmth from their taxi buddies as they travel together.

#### Gaberston House, Alloa

A residential service and a community outreach support service for adults with mental health issues

- For each individual supported by the service: may they experience God's peace through their challenges and His joy in happy times.
- Thanks for Gaberston House as it provides a home, a place of refuge and a place where people are cared for.
- Thanks for the staff: may the team be built through successful recruitment and may each member of staff be blessed in their work and personal lives.
- Thanks for the service: may God's will direct future changes and new chapters at Gaberston.
- Thanks for positive community links with health and social care partners: may these be strengthened and fruitful.
- Thanks to God for His daily provision of good relationships: may all those we work with be blessed.

### St Margaret's House, Polmont

A 36 bed specialist care home for people living with dementia.

- Thanks for all the people who have supported the service and who have demonstrated God's love in action to residents, volunteers and staff.
- For sensitivity in supporting those who are coming to the end of their lives and for their families during these difficult times.
- May families and loved ones continue to feel welcome and part of St Margaret's.
- For God's presence to be felt by all who enter the home and may the residents feel God's peace throughout their days and nights.
- That God will continue to bless the care given by all the volunteers and staff who work for CrossReach.
- For refreshing and joy at the start of a new year. May residents old and new feel a sense of community, belonging and wellbeing.



Praise God – for the re-opening of Palmerston Place perinatal service and the love and care it provides to new and expectant parents and young children.

### Erskine Waterfront Campus (EWC), Erskine

A school for 36 children and young people aged 8 to 18 with additional support needs. Provides a caring and compassionate environment for children to learn and grow.

- For strength and resilience for staff as they support all the pupils and families that attend EWC.
- May pupils feel safe to learn, grow, develop relationships and know that they are loved.
- For the families of pupils: may they see the positive changes that being at EWC can make in their child's life, no matter how small they may seem.
- For good relationships with partner agencies and the community, to help support the lives of the pupils in the school.
- That everyone staff, pupils, parents and visitors to the school - would know the love of Jesus through the actions of all those at FWC.

#### South Beach House, Ardrossan

A residential care home situated on the shore front.

- For the staff: thanks for their tireless commitment to the residents and to the service.
- Thanks for the opportunity to share the twilight years with those we have the pleasure to care for.
- For those who have lost loved ones: may staff be strengthened to support them during these hard times
- Thanks for friendships made with residents, staff and relatives: may the values of kindness and compassion bring comfort to those whose hearts are heavy.
- Thanks for the opportunities to develop our knowledge and skills: may these be used to provide the very best care for the residents.





#### About us

At CrossReach we offer loving care to people of all ages who are in need of a helping hand, supporting them to live life to the full whatever their circumstances.

#### Our Mission Statement

In Christ's name we seek to support people to achieve the highest quality of life which they are capable of achieving at any given time

### CrossReach Central Services

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The Church of Scotland

Social Care Council